

Amy Williams, MS, RD, LD

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amy.wwilliams@uky.edu

EDUCATION

University of Kentucky, Lexington, KY Ed.D. in Kinesiology and Health Promotion Expected graduation date, May 2019	Current
Eastern Kentucky University, Richmond, KY M.S. in Community Nutrition	1999
Eastern Kentucky University, Richmond, KY B.S. in General Dietetics	1996

TEACHING AND ADVISING

University of Kentucky, Lexington, KY

Lecturer

Current- 2013

- Human Nutrition and Wellness, DHN 101, Fall 2015, Online Lecturer to 342 students
- Human Resources Management for Food and Hospitality, DHN 346, Fall 2015, Lecturer to 80 students
- Dietetics: Counseling and Communication Theories and Applications, DHN 514, Fall 2015, Secondary Lecturer to 81 students
- Fall 2015, Advisor to 66 students
- Fall 2015 Co-faculty Advisor for Student Dietetic and Nutrition Association
- Foodservice Sanitation, DHN 241, Spring 2015, Online Lecturer to 133 students
- Institutional Purchasing, DHN 340, Spring 2015, Lecturer to 82 students
- Community Nutrition and Wellness, DHN 403, Spring 2015, Lecturer to 134 students
- Spring 2015, Advisor to 50 students
- Human Resources Management for Food and Hospitality, DHN 346, Fall 2014, Lecturer to 69 students
- Dietetics: Counseling and Communication Theories and Applications, DHN 514, Fall 2014, Secondary Lecturer to 58 students
- Fall 2014, Advisor to 41 students
- Fall 2014 Co-faculty Advisor for Student Dietetic and Nutrition Association
- Institutional Purchasing, DHN 340, Spring 2014, Lecturer to 64 students
- Quantity Food Production, DHN 342, Spring 2014, Lecturer to 36 students
- Spring 2014, Advisor to 6 students
- Principles of Food Preparation, DHN 302, Fall 2013, Lecturer to 64 students
- Human Resource Management for Food and Hospitality, DHN 346,

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Fall 2013, Lecturer to 62 students

- Fall 2013, Advisor to 5 students

Quality of Teaching

	Fall 2013	Spring 2014	Fall 2014	Spring 2015	Fall 2015
DHN 101 (Online)					3.38
DHN 241 (Online)				3.3	
DHN 302	3.5				
DHN 340		3.5		3.3	
DHN 342		3.5			
DHN 346	3.4		3.67		3.37
DHN 403				3.3	
DHN 514 *Secondary Instructor for lab, average for four sections					3.3

Quality of the Course

	Fall 2013	Spring 2014	Fall 2014	Spring 2015	Fall 2015
DHN 101 (Online)				3.3	3.27
DHN 241 (Online)					
DHN 302	3.5				
DHN 340		2.6		2.8	
DHN 342		3.3			
DHN 346	2.8		3.08		3.0
DHN 403				2.8	
DHN 514 *Secondary Instructor for lab, average for four sections					3.48

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Bluegrass Community and Technical College, Winchester, KY

Part-time Adjunct Faculty – Nutrition and Wellness, NFS 101

2007-2013

Responsible for instructing students enrolled in nutrition and wellness.
Currently guiding students in making informed decisions about nutrition,
while looking forward to his or her future careers and personal lifestyles.

Eastern Kentucky University, Richmond, KY

Part-time Adjunct Faculty – Essentials of Nutrition, NFA 201

2009-2010

Responsible for instructing students enrolled in essentials of nutrition.
Guided students in making informed decisions about nutrition within his or her
future careers and personal lifestyles.

TEACHING WORKSHOPS ATTENDED

- Pedagogicon, Eastern Kentucky University, 05/22/15
- Gamestorming and Innovations Games in the Classroom, 01/23/2015
- Create Rubrics to Improve Student Work, 09/30/14
- Pedagogicon, Eastern Kentucky University, 05/16/14
- Webinar on Blended Hybrid Teaching in Nutrition Education, 02/14/14
- Portfolio: Teaching and Narrative Development, 10/30/14
- Assertion Evidence: Active Learning with Presentation Slides, 10/09/13
- Subpar to Rockstar: Strategies for Excellence in Online Nutrition Education, 09/27/13
- Reactive Strategies: When Incivility Occurs, 09/18/13

SERVICE, PANELS AND PRESENTATIONS

- Type One of Clark County, 10/24/15
- Colby Road Day School, Science, Food and Water 07/08/14
- Culinary Challenge, 4H Panel Judge, 06/11/14
- Workforce Development: Nutrition 101, 03/13/14
- University of Kentucky, Dietetics and Human Nutrition, HES 100, Invited Lecturer, 03/12/14
- Ark of Mercy Church, Celebrate Recovery, Workshop on Nutrition, 01/13/14
- University Of Kentucky, Counseling and Communication, DHN 514, Invited Lecturer, 10/21/13
- University Of Kentucky, Advanced Work in Dietetics, DHN 690, Invited Panel Member, 10/02/13
- Workforce Development: Nutrition 101, 10/03/13
- Graduate Women in Science (GWIS): Bigger Isn't Always Better, 04/11/13

GRANTS

- Teaching Innovation and Incentive Fund (TIIF), awarded \$10,000, Fiscal Year 2015

PROFESSIONAL AFFILIATIONS

- Academy of Nutrition and Dietetics
- Kentucky Academy of Nutrition and Dietetics Association
- Bluegrass Academy of Nutrition and Dietetics
- Type One of Clark County

RELATED EXPERIENCE

Clark County Health Department, Winchester, KY

Clinical Nutritionist, MNT I

2009 – 2013

Assessed nutrition status of participants enrolled within the Women,
Infants and Children (WIC) program. Guided medical nutrition therapy patients

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to better health, particularly patients with diabetes and high cholesterol. Was member of the writing staff for Mind and Body weekly newspaper articles, and member of the Public Health Accreditation Board (PHAB) Committee, for achieving future accreditation of the health department.

**Kentucky Department for Public Health, Nutrition Services Branch
Dietetic Educator**

2009

Administrative duties included, monitoring of the Women, Infants, and Children (WIC) program. Instructed correct policies and procedures for several county clinics and monitored WIC program delivery. Developed nutrition educational handouts for other county clinics to utilize. Aided in the development of computer generated benefits working closely with computer programmers at Custom Data Processing.

**Clark County Health Department, Winchester, KY
Clinical Nutritionist, WIC Coordinator**

2004-2009

Was responsible for the coordination of the Women, Infant, and Children (WIC) program. Guided medical nutrition therapy patients to better health, particularly patients with diabetes and high cholesterol. On staff committee member for marketing the health department within the community, crisis management team member and a member of the writing staff for Mind and Body weekly newspaper articles. Supervisor to staff members within WIC department.

**Health Management Resources, Lexington, KY
Program Coordinator**

2000-2004

Duties included enrolling weight loss attendees into the program, ordering and inventory collection of meal replacements needed for overall management of classes. Performed tasks of operating classes, making sure class flow was conducive to attendees' satisfaction. Participated in the training of building partnerships with staff members for facilitation of positive morale.

**Montgomery County Health Department, Mt. Sterling, KY
Clinical Nutritionist**

1999-2000

Was responsible for assessing nutrition status of participants enrolled within the Women, Infants and Children (WIC) program. Guided medical nutrition therapy patients to better health, particularly patients with diabetes and high cholesterol. Enrolled members of the community in nutrition classes for the promotion of better health, with the inclusion of Cooper/Clayton smoking cessation classes.