

Nathan D. Wood, Ph.D.

Licensed Marriage and Family Therapist

AAMFT Approved Supervisor

Assistant Professor

Department of Family Sciences

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University of Kentucky

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Education

- Ph.D. Brigham Young University, August 2004
Marriage and Family Therapy.
 Dissertation: What works for whom: A meta-analytic review of marital and couples therapy in reference to marital distress.
- M.S. Brigham Young University, December 2000
Marriage and Family Therapy.
 Thesis: The relationship between therapist age, experience, profession, and decreased medical utilization in a health maintenance organization.
- B.S. Utah State University, Cum Laude. March 1998.
Psychology. Dual Minor: Sociology & Tagalog.

Professional Experience

- 7/09 – Current University of Kentucky
Assistant Professor, Family Sciences. Met teaching, research, and service requirements with enthusiasm and strived for excellence in each endeavor. Coordinated departmental learning outcomes. Taught “Life-Course Human Development (FAM 254), “Using the DSM in MFT Assessment of Psychopathology, Violence, and Addictions” (FAM 640), “The Life Course Perspective on Families and Individuals (FAM 654), “Theory and Methods in Family Therapy” (FAM 686), “Couples and Sex Therapy (FAM 740), “and “Practicum of Marriage and Family Therapy” (FAM 787). Faculty advisor to the UK Student Association for Marriage and Family Therapy.
- 8/08 – 6/09 University of Kentucky
Visiting Professor, Family Sciences. Taught “Life-Course Human Development (FAM 254), “Theory and Methods in Family Therapy” (FAM 686), “Couples and Sex Therapy (FAM 740), “and “Practicum of Marriage and Family Therapy” (FAM 787)

- 8/07 – 7/08 Avalon Hills Residential Eating Disorders Clinic
Therapist. Primary duties included assessment and treatment of eating disorders in a collaborative health care residential setting for adult women. Effective treatment included individual, family, and group therapy. Assessed client motivation and learning styles to effectively develop and teach life-skills educational groups and programs. Actively participated in multi-disciplinary treatment team and in-service trainings.
- 6/02 – 8/07 Utah Valley State College
Therapist/Adjunct Faculty. Primary duties include assessment and treatment of low-income, under-insured individual, marital, and family distress in the therapy setting at Turning Point. Other duties include development and assessment of psycho-educational programs to meet the community's needs. I successfully developed and taught a divorce adjust curriculum, "Single Again: Managing Life Transitions," in addition to an "Enhancing Marital Relationship" curriculum. I taught an Introduction to Psychology (Psy 1010) undergraduate course as well. Additional duties included supervising Marriage and Family Therapy graduate students who were working with Turning Point clients.
- 8/04 – 8/07 Brigham Young University
Part-Time Faculty. Primary duties included preparation and delivery of courses for the Marriage, Family, and Human Development program and the Marriage and Family Therapy Program. Received above average department, college, and university student reviews for "Introduction to Interviewing Skills" (MFHD 356) and "Practicum in Marriage and Family Therapy" (MFT 655R, 3 semesters). I also taught "Psychopathology and Assessment in Marriage and Family Therapy" (MFT 651) and "Introduction to Family Process" (MFHD 160) to excellent student reviews.
- 1/99 – 6/04 Brigham Young University
Student Instructor. Duties included preparation and delivery of 16 sections of various courses for the Marriage, Family, and Human Development program including: "Marriage Preparation," "Parenting," "Research Methods," "Family Adaptation and Resiliency," and "Human Development."
- 9/01 – 1/04 LDS Family Services:
Doctoral Intern/Therapist. Cases included pornography in marriage, extra-marital affairs, mild to highly conflictual couples, sex addiction, individual, adolescent, and family cases. Was also involved with administrative duties, including intake, case assessment and assignment.
- 5/00 – 5/01 Affiliated Family Treatment Center:
Student Intern. A Utah state licensed domestic violence treatment provider. Services are offered to domestic violence perpetrators as well as

victims. Helped evaluate and enhance existing programs as well as providing treatment. Treatment included individual, couple, and group therapy. Worked with multiple agencies and courts to evaluate and facilitate treatment.

10/99 – 4/01

Turning Point:

Student Intern. Therapy cases included domestic violence, anger management, adolescents, and couples. Assisted in developing and teaching 8-week pre-marital course.

10/98 – 9/01

Brigham Young University Comprehensive Clinic:

Student Internship. Clients included individuals, couples, families, & groups.

Research Experience

Current Projects:

Exploring the medical and cost offset for nutrition programs in the state of Kentucky: A biopsychosocial approach.

Through a grant funded by HEEL and the School of Human and Environmental Sciences, this project seeks to explore if a medical offset effect exists for nutritional programs taught through the University of Kentucky Extension offices. While still in its beginning stages, a cross disciplinary team is being developed including faculty from HEEL, Dietetics and Human Nutrition, Agriculture (Rural Sociologist), Cooperative Extension, and Family Sciences.

Exploring novel methods for combining relationship satisfaction scores.

Dyadic data is inherently problematic in that statistical assumptions of data independence are often violated. Efforts to statistically correct for this often lead to obfuscating valuable relationship dynamics. I have published a paper, a poster at a national conference, and recently submitted another paper applying spatial analysis to dyadic data. Spatial analysis also shows promise in research studying adult attachment.

Application of spatial statistics to attachment theory.

Measuring attachment theory utilizing continuous scales allows for greater understanding of the nuances of individuals internal working models and responses to attachment figures. Unfortunately, separating attachment anxiety and attachment avoidance scales into separate dimensions make it difficult to connect findings to research and theoretical traditions that categorize attachment. Modeling attachment in two dimensional space creates the ability to retain the benefits of continuous scales while facilitating communication of findings that naturally reference categorical and dimensional measures of attachment. Point pattern analysis and spatial statistics have the potential to use two dimensional mapping of attachment as an analytic tool for attachment researchers in the future.

Exploring observer's perception of couples' interactions.

This project utilized neurophysiological measures in combination with self-report to explore how life experiences impact perception of others' relationships. This line of research has spawned a publication and several posters at national conferences. I have submitted a poster from this data and hope to bridge categorical and continuous measures of attachment style.

Exploring association and impact of relationship satisfaction and health.

In collaboration with Dr. Kelly Webber from the Department of Nutrition and Food Sciences and Drs. Parker and Werner-Wilson of Family Sciences, this study was designed to better understand how marital conflict styles mediate as well as moderate life stressors and food choices. Currently, video data from this project is being coded for future analysis.

I have recently used data from a national dataset to explore the relationship between marital adjustment and body mass index. These data are used as an example of spatial analysis techniques in a conceptual paper submitted for publication.

Collaborations:

A Pilot Study Comparing Influence of Deployment on Military Families.

Werner-Wilson, R. J., Parker, T., & Wood, N. D.

Effects on Supportive vs. Neutral Interactions on Relationship Satisfaction

Parker, T., Werner-Wilson, R. J., & Wood, N. D.

Ongoing Data infrastructure development:

UK Family Center Clinical Archive Project

In 2009, I took leadership in developing electronic archiving system. I have since have worked with the UK Family Center and supervised graduate and undergraduate coders. This resource will be of benefit for faculty and student researchers. Preliminary data from this project has been used in a recent publication (Wood & Crawford, 2012). The database now contains over 300 client files.

Publications (Peer Reviewed *- Student Collaborator)

*Frey, L. M., *Blackburn, K. M., Werner-Wilson, R. J., Parker, T., & Wood, N. D. (2011). Post-Traumatic stress disorder, attachment, and intimate partner violence in a military sample: A preliminary analysis. *Journal of Feminist Family Therapy, 23*, 218-230.

I contributed to instrumentation, data collection, assisted in analysis, edited and reviewed the manuscript. Estimated contribution: 15% Impact Factor=.41, Times cited=2

*Shalash, F., Wood, N. D., & Parker, T. S. (2013). Our problems are your sibling's fault: Exploring the connections between conflict styles of siblings during adolescence and later adult committed relationships. *American Journal of Family Therapy, 41*, 288-

298.

This manuscript was a thesis project that I chaired and subsequently was rejected for publication. With Ms. Shalash's permission, I extensively revised the manuscript and worked through the editorial process in making the recommended revisions. Estimated contribution: 60% Impact Factor=.70

*Terveer, A. M., & Wood, N. D. (2013). Dispositional Optimism and Marital Adjustment. *Contemporary Family Therapy*, 1-12. Doi:10.1007/s10591-013-9292-0

This manuscript was a thesis project that I chaired and subsequently was rejected for publication. With Ms. Machaty Terveer's permission, I extensively revised the manuscript and worked through the editorial process in making the recommended revisions. Estimated contribution: 60% Impact Factor=.5

Werner-Wilson, R. J., *Lianekhammy, J., *Frey, L., Parker, T., Wood, N., et al. (2011). Alpha asymmetry in female military spouses. *Journal of Feminist Family Therapy*, 23, 202-217.

I contributed to instrumentation, data collection, reviewed and edited the manuscript. Estimated contribution: 10% Impact Factor=.41, Times cited=4

Wood, N. D. (2014). Location, location, location: Applying spatial statistics to the relationship landscape. *Family Process*. doi: 10.1111/famp.12097

This paper represents an analytic extension to the Wood & Crawford (2012) manuscript. I integrated analytic techniques from earth sciences with couple level data from couples. The manuscript is primarily conceptual. Data utilized for examples are from the National Survey of Families and Households. Estimated contribution: 100% Impact Factor=1.69

Wood, N. D., Crane, D. R., & Keller, P. S. (2011). Tracking marital adjustment, hostility, and physical functioning across time in a therapy Population: A biopsychosocial model. *Contemporary Family Therapy*, DOI: 10.1007/s10591-011-9164-4.

I conceptualized the research question, wrote the literature review, assisted in performing the analysis, wrote the analysis and discussion sections. Estimated contribution: 60% Impact Factor=.50, Times Cited=3

Wood, N. D., & Crawford, C. B. (2012) A visual method for couple assessment, therapy progress, and identifying clinically significant change. *Journal of Couple and Relationship Therapy*, 11, 165-180.

This project resulted from a brain storming session with a colleague in the physics department. I took lead in applying the concept to the couple therapy literature. I was primarily responsible for all aspects of writing the manuscript. Estimated contribution:

80% *Impact Factor*=.95, *Times cited*=0

Wood, N. D., Werner-Wilson, R. J., Parker, T. S., & *Perry, M. S. (2012). Exploring the impact of attachment anxiety and avoidance on the perception of couple conflict. *Contemporary Family Therapy*, 34, 416-428.

This manuscript was based on a study I designed to explore perception of individuals as they observed couples in problem solving situations. I took lead in IRB submission, subject recruitment, lab procedures, and data collection. I also managed accounting for the study in addition to leading writing, analysis, and submission of the manuscript. Estimated contribution: 60% Impact Factor=.5

Publications prior to UK appointment:

Crane, D. R., Wood, N. D., Law, D. D., & Schaalje, B. (2004). The relationship between therapist characteristics and decreased medical utilization: An exploratory study. *Contemporary Family Therapy: An International Journal*, 26, (1), 61-69.

Using a data set collected by Law and Crane, I took lead in identifying the research question, wrote the literature review, collaborated with Schaalje for the analysis, and wrote the discussion section. Estimated contribution: 50% Impact Factor=.50, Times cited=25

Wood, N. D., Crane, D. R., Schaalje, B., & Law, D. D. (2005). What works for whom: A meta-analytic review of marital and couples therapy in reference to marital distress. *American Journal of Family Therapy*, 33, 273-287.

This publication was from my doctoral dissertation where I identified articles for the meta-analysis, lead a team of undergraduate assistants in coding the articles, conducted the analysis and lead in writing all aspects of the work. Estimated contribution: 70% Impact Factor=.70, Times cited=52

Invited Submissions (Asterisk represents student involvement)

Wood, N.D., & *Okhotnikov, I. (In Review) Maintaining differences across the relationship landscape: A technical primer on utilizing spatial statistics for dyadic data. *Journal of Family Theory and Review*.

Submitted Publications (Asterisk represents student involvement)

Wood, N. D., *Gnonhossou, D. A., & *Bowling, J. W. (In Review). Combining parallel and exploratory factor analysis in identifying relationship scales in secondary data. Submitted to *Marriage and Family Review*.

This methodological paper addresses a novel approach that formed part of the methodological foundation of my other articles using the National Survey of Family and Households. Estimated contribution: 80%, H-5 Index= 12

The editor of JFTR invited me to submit an article for a special issue on innovation in family sciences methodology. Estimated contribution: 90%, H-5 Index=16

Manuscripts in Preparation (Asterisk represents student involvement)

*Hellmann, J, Wood, N. D., Smith, D. R., & Haleman, D. L. (In Review). Social and Psychological Factors Related to the Career Exploration Process of Young Adults. Submitted to the *Journal of Vocational Behavior*.

Wood, N.D., & *Westmoreland, A., Werner-Wilson, R.J., & Parker, T.S. (In preparation). Exploring the family of origin over the attachment map.

Publications (Non-peer reviewed)

Stahmann, R. F., & Wood, N. D. (2007). *25 keys to a great marriage*. Leatherwood Press: Sandy, Ut.

Wood, N. D. (May, 2009). Developing learning outcomes in family studies. *Sizzle: What's Hot in Assessment*, 2(5), 2.

Wood, N. D., Crane, D. R., Law, D. D., Heaton, T. B., & Turner, L. (1999). The Medical Offset in Marriage and Family Therapy. *Working Together: The Collaborative Family HealthCare Coalition Newsletter*, 4, 3.

Presentations (Refereed: Asterisk represents student involvement)

*Blackburn, K, Parker, T, Werner-Wilson, R. J., & Wood, N. (2013, October). Therapist brain activity and the therapeutic relationship. American Association for Marriage and Family Therapy. Portland, Oregon. Proceedings, American Association for Marriage and Family Therapy. Portland, Oregon.

*Bowling, J., Wood, N. D., Werner-Wilson, Parker, T. S., *Perry, M. S., & *Dalton, M. (2012). *Exploring family of origin experiences and neural activation*. Presented at the annual conference of the American Association for Marriage and Family Therapy, Charolette, NC.

Crane, D. R., Davenport, R. B., Ivey, D. C., & Wood, N. D. (2009). *Using research and financial advocacy for MFTs*. Invited panelist for round-table discussion at American Association for Marriage and Family Therapy national conference, Sacramento, CA.

*Compton, L., Werner-Wilson, R. J., *Perry, M. S., Parker, T. S., & Wood, N. D. (2011). *Seeking help: Effects of perceived demand-withdrawal patterns*. American Association for Marriage and Family Therapy national conference, Fort Worth, TX.

- Galovan, A., Holmes, E. K., Proulx, C., & Wood, N. D. (2014). 3-hour Quantitative Methods Workshop: Theoretical and methodological issues in studying dyads and families. Theory Construction and Research Methodology Workshop held immediately prior to the annual meeting of the National Council on Family Relations, Baltimore, MD.
- *Gnonhossou, D. C. A., *Okhotnikov, I., *Zhang, Q., *Svynarenko, R., & Wood, N. D., (2014). Perspectives of relational quality across time and place: An international approach. Symposium presented at the annual conference of the National Council on Family Relations, Baltimore, MD.
- *Hawks, J.M, *Nordquist, E., *Reed, K., Parker, T.S., *Blackburn, K.M., *Kimberly, C., Werner-Wilson, R.J., & Wood, N.D. (2012). *Couple's empathy and mirrored physiology: A pilot study*. Presented at the annual conference of the American Association for Marriage and Family Therapy, Charlotte, NC.
- *Hawks, J., Parker, T.S., Werner-Wilson, R.W., & Wood, N.D. (2013). Inside the brain: Affect, empathy, and frontal alpha asymmetry. Poster presented at the annual meeting of the National Council on Family Relations, San Antonio, TX.
- *Hawks, J., Parker, T.S., Werner-Wilson, R.W., & Wood, N.D. (2013). Clients' experiences of spirituality in couple's therapy. Presented at the annual conference of the American Association for Marriage and Family Therapy, Portland, OR.
- Parker, T.S., *Blackburn, K.M., *Puckett, J., Wood, N.D., & Werner-Wilson, R.J. (2011). *The elephant in the room: Physiology at work in therapy*. Workshop presented at the Annual meeting of the American Association for Marriage and Family Therapy, Fort Worth, TX.
- *Perry, M. S., *Compton, L., Werner-Wilson, R. J., Wood, N. D., & Parker, T. S. (2011). *Couple's communication behaviors during military deployment*. American Association for Marriage and Family Therapy national conference, Fort Worth, TX.
- *Perry, M. S., Wood, N. D., & Werner-Wilson, R. J. (2009). *What predicts marital satisfaction for military couples?* Poster presentation at American Association for Marriage and Family Therapy national conference, Sacramento, CA.
- *Puckett, J. M., *Blackburn, K. M., Parker, T. S., Wood, N. D., & Werner-Wilson, R. J. (2011). *Self-awareness of PTSD and relationship satisfaction*. American Association for Marriage and Family Therapy national conference, Fort Worth, TX.
- Wood, N. D. (2009). *Show and tell: Marital assessment in practice*. Workshop presentation at American Association for Marriage and Family Therapy national conference, Sacramento, CA.
- Wood, N.D. (2013). Applying spatial statistics to the relational landscape. Poster presented for the annual meeting of the National Council on Family Relations, San Antonio, TX.

- Wood, N. D., *Bowling, J. W., Werner-Wilson, R. J., Parker, T. S., & *Perry, M. S. (2012). *Perceiving couples: Family of origin and attachment effects*. Presented at the annual conference of the American Association for Marriage and Family Therapy, Charlotte, NC.
- Wood, N. D., Crane, D. R., & Crawford, C. B. (2010). *A visual guide for analyzing therapy outcome by relational distress*. Poster session presented at the annual meeting of the American Association for Marriage and Family Therapy national conference, Atlanta, GA.
- Wood, N. D., Werner-Wilson, R. J., *Perry, M. S., & Parker, T. S. (2012). *Exploring the impact of attachment on the perceptions of couples*. Poster presented at the annual conference of the National Council of Family Relations, Phoenix, AZ.

Presentations prior to UK appointment:

- Allgood, S. M., Mecham, A. M., Mickelson, M. J., & Wood, N. D. (1997) *Socializing Undergraduates toward family therapy using independent research*. Poster presented at the Utah Council on Family Relations Annual conference, Provo, Ut.
- Crane, D. R., Law, D. D., Heaton, T. B., & Wood, N. D. (1999) *Prediction of MFT Health Care Offset: Therapist and Patient Factors*. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Chicago, Illinois.
- Wood, N. D. (1999). *Preparing for Graduate Education in Marriage and Family Therapy*. Paper presented at the annual meeting of the Utah Association of Marriage and Family Therapy, Park City, Utah.
- Wood, N. D. (2005, 2006, 2007). *Strong Relationships, Relationship Formation, Overcoming Temptation*. Invited presentations given at annual Evergreen International Conferences, Joseph Smith Memorial Building, Salt Lake City, Utah.
- Wood, N. D. (October, 2002, 2005). *Couple Assessment, Enactments, and Metaphor*. Invited training presentation given to therapists from LDS Family Services agencies in Utah.
- Wood, N. D., Crane, D. R., & Law, D. D. (2000). *Therapist Characteristics and the Offset Effect*. Poster session presented at the annual meeting of the American Association for Marriage and Family Therapy, Denver, CO. Manuscript was later published.
- Wood, N. D., Crane, D. R., & Law, D. D. (2003). *Fitting Treatment to Marital Distress Level: A Meta-Analysis*. Poster session presented at the annual meeting of the American Association for Marriage and Family Therapy, Long Beach, CA. Manuscript was published.

Other Presentations

October 2014 A 6 - hour workshop updating participants on relevant changes made within DSM-

5. Presentation to Kentucky Association for Marriage and Family Therapy, Louisville, Ky.

December 2012 presentation to the Phi U Alumni IOTA chapter, Lexington, KY.

2011 Breakout session at the state wide “All School Conference,” Lexington, Ky.

Grant Activity (External Funding)

Funded Projects

Role	Title	Contribution	Funding Agency	Amount Requested
Co-PI	Bluegrass Health Marriage Initiative	Assist in providing content, identifying educational opportunities, data transfer.	KY Cabinet for Health and Family Services	\$142,378

Unfunded Projects

Role	Title	Contribution	Funding Agency	Amount Requested
Co-PI	Community-Centered Healthy Marriage and Relationship Education for Military Couples	Data management and transfer	Administration for Children and Families	\$4,683,863
PI	Investigation of a Relationship Enhancement Intervention on Post-Deployed Veterans.	Assist in providing content, identifying educational opportunities, data transfer.	NIH	\$1,111,105
PI	Testing the impact of community based messages and relational enhancement workshops	Assist in providing content, identifying educational opportunities, data transfer.	NIH	\$962,840
Co-PI	Partnering with Cooperative Extension to Reach Rural Smokers and Improve Quit Outcomes.	Identify relational functioning scales, assist in analysis, and design methodology.	NIH	\$1,000,000

PI	Cultivating Healthy Couple Relationships: An Evaluation of a Specialized Relationship Curriculum for African American College Women.	Assist in identifying content, facilitate execution and follow-up with doctoral candidate directing the program.	National Center for Marriage Research External Grants Program	\$19,523
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Grant Activity (Internal Funding)

Funded

Role	Title	Contribution	Funding Agency	Amount Requested
Co-PI	Blue to You	Assist in program content as a consultant.	Health Education through Extension Leadership	\$44,190
PI	Exploring medical/cost offset for EFNEP in KY: A biopsychosocial approach.	Lead investigator and director of the research team.	Health Education through Extension Leadership (May 2013-June 2014)	\$16,194.79

Unfunded

Role	Title	Contribution	Funding Agency	Amount Requested
PI	Testing the relationship between daily stress, couple conflict style, attachment, and dietary intake.	Design, execute, analyze, and publish results.	Health Education through Extension Leadership	\$19,521
PI	Testing mediation/moderation effects of attachment environments between daily stress and dietary intake.	Design, execute, analyze, and publish results.	Center for Clinical and Translational Science	\$19,521

RESIDENT INSTRUCTION

While I have taught as an adjunct faculty member at previous institutions, the courses included herein are those I have taught while at UK. At no time have I received a course or instructor rating below 3.2 on a 4.0 scale for any course I have taught. I have received recognition from HES for excellence in teaching multiple times.

FAM 254 Life Course Human Development

FAM 640 Using the DSM in MFT Assessment of Psychopathology, Violence, and Addictions.

FAM 654 The Life-Course Perspective on Families and Individuals

FAM 686 Theory and Methods of Marriage and Family Therapy

FAM 740 Couple and Sex Therapy

FAM 787 Practicum in Marriage and Family Therapy

ADVISING

Graduate Student

Durbin, J. (April, 2010). Parental demandingness, control, and involvement: Predictors of female career decisions & marital attitudes.

Gnonhossou, G. (Estimated 2015). *Title pending*. Co-chair of doctoral advisory committee.

Machaty Terveer, A. (March, 2013). Dispositional Optimism and Marital Adjustment.

Nordquist, E. (June, 2012). The link between recalled parental differential treatment and self-worth. Co-chair.

Okhotnikov, Ilya (Estimated 2017). *Title pending*. Co-Chair of doctoral advisory committee.

Parkinson, D. (Estimated 2014). Spatial meta-analysis of couple therapy approaches.

Rorer, A. (June, 2011). Resiliency in Black Father-Son Relationships.

Sutter, J. (June, 2010) Assessing impact of affect recognition on therapeutic relationship and outcomes.

Shalash, F. (April, 2011) Sibling conflict resolution styles and marital conflict resolution styles.

Westmorland, A. (Estimated 2015). *Title pending*. Co-chair of doctoral advisory committee.

Committee Membership: 30

Undergraduate Advising

Regularly advise 16-20 undergraduates per semester.

SERVICE

Department:

Couple and family therapy admissions committee. This assignment requires reviewing paper applications and face to face interviews with candidates. As part of this service, I have contributed electronic tools to facilitate reviewing candidates and soliciting current student input on candidates and the interview process. (2009-present)

Curriculum Committee. I participate in reviewing curriculum changes, discussion of student learning experiences, and how to improve programs in the department. (2009-June 2013)

Learning Outcomes Coordinator. This position carries 10% per year DOE and includes taking leadership in identifying, collecting, and reporting departmental learning outcomes for the department's bachelors, masters, couple and family therapy, and doctoral programs. (2009-present)

School of Human and Environmental Sciences:

HES Hall of Fame committee. Assisted in selecting candidates for induction into the HES Hall of Fame as well as participated in the induction ceremony. (2011-2012)

Profession:

Editorial board member: Contemporary Family Therapy (2012-present)

Adhoc Reviewer: Contemporary Family Therapy (2011-2012), Journal of Marital and Family Therapy (2012-present), Journal of Family Issues (2014)

Abstract Reviewer: for the annual conference of the American Association for Marriage and Family therapy (multiple years) as well as the National Council on Family Relations (2013-present).

Activity in Professional Associations and Licenses

05/09 - Present	Licensed Marriage and Family Therapist in Kentucky.
07/05 - Present	Approved Supervisor status in the American Association of Marriage and Family Therapy.
01/03 – 1/2010	Licensed Marriage and Family Therapist in Utah.
4/08 – 8/08	President, Utah Association for Marriage and Family Therapy (UAMFT)
4/06 – 4/08	President-Elect, UAMFT
6/04 – 3/06	Legislative Committee Chair to UAMFT

PROFESSIONAL DEVELOPMENT (Since 2009)

National Conferences (Since 2009):

- American Association for Marriage and Family Therapy Annual Conference, Sacramento, CA. (October 1-4, 2009)
- American Association for Marriage and Family Therapy Annual Conference, Atlanta,

GA (September 23-26, 2010)

- American Association for Marriage and Family Therapy Annual Conference, Fort Worth, TX (September 22-26, 2011)
- NCFR Annual Conference, Minneapolis, MN (November 3-6, 2010)
- NCFR Annual Conference, Phoenix, AZ (October 31-November 3, 2012)
- NCFR Annual Conference, San Antonio, TX (November 6-9, 2013)

State Conferences (Since 2010):

- Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville, KY. (February 26-27, 2010)
- Kentucky Association for Marriage and Family Therapy Fall Workshop: Emotionally Focused Therapy workshop (October 15, 2010)
- Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville, KY (February 25, 2011)
- Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville, KY (February 23, 2012)
- Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville, KY (February 22, 2013)

Trainings

Leadership:

- Family and Consumer Sciences Emerging and New Administrators Workshop (7/27/2014-7/30/2014): Tulsa, OK

Teaching:

- CELT Training (2013): Using Group Work Effectively

Spatial Research Methods:

- Point Pattern Analysis: Online training from Arizona State University GeoDA Center for Geospatial Analysis and Computation (2012)
- Introduction to Spatial Regression Analysis: Odum Institute at the University of North Carolina (June 24-28, 2013)

Physiological Research Methods:

- BioFeedback Training: Tony Hughes (September, 2009)
- EEG Training: John Anderson (Nov 20-21, 2009)
- EEG Training: John Anderson (Apr 9-10, 2010)

Family Life Education:

- Love Notes: Marlene Pearson (Feb 10, 2010)
- RELATE: Jeffry Larson (Mar 26, 2010)
- Active Military Life and Resiliency Skills (Jun 21-23, 2010)
- Prepare/Enrich Certified (Sept 2001)

Clinical:

- Gottman Method: John & Julie Gottman (Apr 23-24, 2010)
- Emotional Focused Therapy: Ackerman Institute Externship training (June 28-July 1, 2010)
- Certified Domestic Violence treatment provider for the state of Utah (Sept 2000)
- Multi-Family Group treatment for schizophrenia (Jan 1999-March 2000)