

CURRICULUM VITAE

Liz Combs MS, RD, LD

Department of Dietetics and Human Nutrition, Lecturer, August 15, 2013
80% Instruction, 20% Special Assignment (Coordinated Program Director)

NARRATIVE STATEMENT

I serve as Director of the UK DHN Coordinated Program, which includes the close advising and mentoring of 26 students each year. The UK DHN Coordinated Program is a nationally accredited program that combines didactic work with a supervised practice that prepares undergraduate students to take the registered dietitian exam upon graduation. The concentration of the UK DHN Coordinated Program is "Leadership and Service Learning". I take this concentration seriously and encourage all of the students to embody these two principles. I continually try to represent leadership and service learning in my work life. To that effect, I am an active member of multiple professional organizations, including the Academy of Nutrition & Dietetics, the Nutrition and Dietetics Educators and Preceptors group, the Kentucky Academy of Nutrition and Dietetics, and the Bluegrass Academy of Nutrition and Dietetics. I attend annual meetings for each of these organizations to further enhance my nutrition and health knowledge as well as improve my teaching skills. I currently serve as the Past-President of the Bluegrass Academy of Nutrition and Dietetics and the chair of the Honors and Awards Committee, and have served as President, President-Elect and two years as Secretary. These experiences allow me to demonstrate true professional service to my students, and I hope that it encourages them to do the same in their professional careers.

In addition to leadership, I have tried to really instill the concept of service learning in the students. To this effect, I have organized several volunteer efforts for the students. These include: UK Coordinated Program Service Learning Experience 2015 which includes collaborating with God's Pantry to provide grocery store tours to underserved populations and cooking classes to low-income youth; nutrition education presentations to GreenHouse17, a home for those trying to escape abusive situations; the UK Coordinated Program Service Learning Experience 2014 at the Jessamine Senior Citizens Center, which was a collaborative effort to develop comprehensive nutrition lessons for senior citizens. These service-learning opportunities provide students with the chance to hone their nutrition knowledge while also providing real world application.

RESEARCH

Internal

Influences on Mothers of Toddlers Feeding Decisions: Focus Group Findings, Principal Investigator
Fall 2014-Spring 2015

DHN Student Travel to Academy of Nutrition and Dietetics Annual Meeting, 2014

Funding Source: Charles E. Barnhart Fund for Excellence

Amount Requested: \$1,000 Funding Awarded: \$500

TEACHING AND ADVISING

Additional information can be found in the Teaching Portfolio.

Summary of Course and Teaching Evaluations as assessed by University of Kentucky.

Overall Quality of CLASS / Overall Quality of TEACHING (note class is listed first and teaching second)

	DHN 212	DHN 312	DHN 517	DHN 514	DHN 374	DHN 800	DHN 808	DHN 810	DHN 816
Fall 2013		3.9/3.9	4.0/4.0						
Spring 2014	3.4/3.4 (online course)							Unable to retrieve	
Summer 1 2014						4.0/4.0	4.0/4.0		
Summer 2 2014									3.6/3.8
Fall 2014		3.8/3.9		3.6/3.8					
Spring 2015					4.0/4.0				

Advising

- Director of the Coordinated Program in Dietetics, 2012 – current
- Fall 2015- 63 undergraduate student advisees
- Spring 2015- 71 undergraduate student advisees
- Fall 2014- 77 undergraduate student advisees
- Spring 2014- 81 undergraduate advisees
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Activities Outside the Classroom

- Provided 20 minute presentation to College of Agriculture, Food and Environment's new freshmen orientation program, August 2015
- Participated in Living Learning Community Faculty Panel for new freshmen, September 2015
- UK Coordinated Program Service Learning Experience 2015, God's Pantry
 - A collaborative effort to provide grocery store tours to underserved populations that receive assistance from God's Pantry. Additionally, cooking classes were provided to low-income high school students.
- UK Coordinated Program Service Learning Experience 2014, Jessamine Senior Citizens Center
 - A collaborative effort to develop comprehensive nutrition lessons for senior citizens. The students then presented their approved lessons to individuals at the Center.
- UK Coordinated Program Service Learning Experience 2013, Florence Crittenden Home
 - A collaborative effort to develop comprehensive nutrition lessons for young mothers. The students then presented their approved lessons to individuals at the Home.
- UK Supervised Practice Program Service Learning Experience 2015, God's Pantry

- UK Supervised Practice Program Service Learning Experience 2014, God's Pantry
- Undergraduate Honors mentor to 1 Human Nutrition Student, Fall 2015
- Undergraduate Honors mentor to 2 Dietetics Student, Spring 2015
- Undergraduate Honors mentor to Human Nutrition Student, Fall 2013
- Undergraduate research mentor- 10 students in the UK DHN Supervised Practice Program in 2015, 6 students in the UK DHN Supervised Practice Program in 2014, and 6 students in the UK DHN Supervised Practice Program in 2013
- Attended and advised at all College of Agriculture, Food, and Environment Summer Advising Conferences in Summer 2013
- Attended HES Welcome Breakfast August 2013 & 2014
- Attended HES Welcome Cookout September 2013, 2014, and 2015
- Planned social events for Coordinated Program students, including cookouts, bonfires, volunteer opportunities, and service learning.

Activities to Improve Teaching and Learning

Participated in College of Agriculture, Food and Environment's Faculty Learning Community, Fall 2015. A group of faculty members that meet weekly to discuss teaching philosophies and ways to better the students' classroom experiences.

Attended the Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, October 2015. At the conference, attended numerous events held by the Nutrition and Dietetics Educators and Preceptors group and the Nutrition Educators of Health Professionals group.

Attended the Nutrition and Dietetics Educators and Preceptors Conference, March 2014 and March 2015. At the event, attended numerous sessions involving teaching methods, evaluation methods and service learning.

Attended the Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, October 2014. At the conference, attended numerous events held by the Nutrition and Dietetics Educators and Preceptors group and the Nutrition Educators of Health Professionals group.

PUBLICATIONS

Hieronimus LB, Combs LM, Gómez M. Educational model in prenatal care to manage Gestational Diabetes Mellitus among Spanish speaking women. *AADE In Practice*. 2015, 3:26-32.

Hieronimus LB, Combs LM, Coleman EC, Ashford KB, Wiggins AT. Evaluation of an education intervention in Hispanic women at risk for Gestational Diabetes Mellitus. *Diabetes Spectrum*. 2016 [in press].

Combs LM, Hieronimus LB. Navigating the Nutrition Facts Label. *Weight Self-Management*. 2016 March/April 2016.

Stephenson T, Mayes L, Combs E, and Webber K. Developing Communication Skills of Undergraduate Students Through Innovative Teaching Approaches. Journal of the North American Association of Colleges and Teachers of Agriculture (NACTA Journal), December 2015.

OTHER DOCUMENTED ACCOMPLISHMENTS AND CONTRIBUTIONS

Successfully completed 10-year accreditation report and visit from the Accreditation Council for Education in Nutrition and Dietetics for the UK DHN Coordinated Program in April 2013. The program is now nationally accredited for the next 10 years.

SERVICE AND RECOGNITION

Outreach and Service

Bluegrass Academy of Nutrition and Dietetics, Current Past-President and Honors and Awards Committee Chair, President, President-Elect, and Secretary.

Academy of Nutrition and Dietetics

Nutrition and Dietetics Educators and Preceptors Practice Group

Kentucky Academy of Nutrition and Dietetics

Administrative Assignments

Director of the UK DHN Coordinated Program

Awards and Honors

Kentucky Academy of Nutrition and Dietetics Emerging Dietetic Leader Award 2015

Bluegrass Academy of Nutrition and Dietetics Emerging Dietetic Leader Award 2015

Bluegrass Academy of Nutrition and Dietetics Outstanding Educator of the Year Award 2014

Teacher Who Made a Difference Award 2014

Committees

Academic Coordinator Search Committee, College of Agriculture (2013)

Curriculum Committee, Department of Dietetics and Human Nutrition (2011-2015)

PROFESSIONAL DEVELOPMENT

Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, October 2015

Nutrition and Dietetics Educators and Preceptors Conference, March 2015

Kentucky Academy of Nutrition and Dietetics Annual Conference and Expo, March 2015

Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, October 2014

Kentucky Academy of Nutrition and Dietetics Annual Conference and Expo, April 2014

Nutrition and Dietetics Educators and Preceptors Conference, March 2014

Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, October 2013

Kentucky Academy of Nutrition and Dietetics Annual Conference and Expo, April 2013

Nutrition and Dietetics Educators and Preceptors Conference, March 2013