

CURRICULUM VITAE

NAME: Janet Stickley Kurzynske, Ph. D., R.D.

CURRENT POSITION: Professor, Department of Dietetics and Human Nutrition
Food and Nutrition Specialist, Cooperative Extension Service

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EDUCATION:

- 1971 Dietetic Traineeship, St. Francis Hospital, Hartford, Connecticut
- 1972 B.S., Home Economics (Foods and Nutrition), Hood College, Frederick, Maryland
- 1975 Ph.D., Nutrition, University of Tennessee, Knoxville, Tennessee

PROFESSIONAL EXPERIENCE:

1972-73 Teaching Assistant–Intermediate Nutrition and Organic Chemistry Laboratory,
University of Tennessee, Knoxville, Tennessee

1973-75 Graduate Research Assistant – Agricultural Experiment Station, University of
Tennessee, Knoxville, Tennessee

1975-77 Instructor - nutrition and ethics, St. Mary's Medical Center School of Nursing,
Knoxville, Tennessee

1978-83 Nutritionist for Health Education Center, Hinsdale Hospital, Hinsdale, Illinois

1983-85 Nutrition Director, MEND – an eating disorder inpatient and outpatient unit,
Glendale Heights Community Hospital, Glendale Heights, Illinois

1978-90 Adjunct Professor, Coordinated Program in Dietetics, Andrews University,
Berrien Springs, Michigan

1976-90 Private Consultant, Illinois

2006-2011 Acting Chair/Chair, University of Kentucky, Department of Nutrition and Food
Science

1991- present Assistant/Associate Professor/Professor, University of Kentucky, Department of
Dietetics and Human Nutrition and Extension Specialist

RECOGNITION (awards, honors, offices held):

National:

- Received USDA's Highest Award: Secretary's Honor Award for CYFERnet (Children, Youth & Families Education and Research Network), June 2003.
- *W1005: An Integrated Approach to Prevention of Obesity in High Risk Families*, A Multi-State CSREES project, selected Co-Chair in 2009, selected Chair 2010 and 2011.

- Received 4-H Youth Development Programs of Excellence for Interactive Telephone Trainings -CYFERnet. 2001.
- Awarded “5 Star” rating (top rating) for CYFERnet by Tufts University Child & Family Webguide, 2004.
- Received “5 Star” recommendation from Invest in Kids Foundation for CYFERnet, 2004.
- Impact 2000 Award (National USDA): *Partner Assisted Learning (PaL): Nutrition and the Pregnant Teen*. 1992.

State:

- Kentucky Nutrition Council, elected President. 1996-1997.
- Kentucky Nutrition Council, elected Vice President. 1995-1996.
- Kentucky Nutrition Council, elected Treasurer. 1994-1996.
- Kentucky Nutrition Council, elected to the Board of Directors. 1992-1998.

University:

- Recipient of the Patricia Brantley Todd Awards for Excellence in Human Environmental Sciences 2013. Patricia Brantley Todd is an alumna of the school and the wife of former UK President Lee T. Todd, Jr. The Todds provided the funding for the biannual awards to recognize and reward excellence among the faculty and staff at the school, which is a part of the UK College of Agriculture, Food and Environment.
- Commonwealth Collaborative. Beginning in 2006, Commonwealth Collaboratives began researching and implementing strategies to improve Kentucky's health and well-being, educational opportunities, economy, environment, natural resources, and quality of life. "If we hope to confront today's most complex challenges, we must work collaboratively with Kentucky's human capital to build creative solutions for a better tomorrow." Commonwealth Collaboratives is a term that describes the partnership binding UK's researchers, K-12 educators, health care providers, entrepreneurs, industries, government officials and private citizens who will participate in -- and benefit from -- these projects in and beyond Kentucky. 2nd Sunday was selected as a Commonwealth Collaborative in 2010. Second Sunday debuted in October 2008 with 70 counties participating in roadway closure and physical activities on the same day for the same four hours. In October 2009, this number increased to 101 Kentucky counties and nearly doubled in participation to 21,000 citizens, using 80 miles of KY roadways for physical activity exploration. Kentucky Governor Steve Beshear, the Senate, and House of Representatives, President Lee Todd, Scott Smith, Dean, College of Agriculture; Jimmy Henning, Associate Dean for Extension; Ann Vail, Director, School of Human Environmental Sciences; Richard Lofgren, UK Healthcare, Jay McChord, LFUCG Council member, Robin Engle, Louisville-Jefferson Co. Council, as well as policymakers, health educators, and local citizens across the commonwealth have endorsed and influenced the high profile that Second Sunday has achieved in such a short timeframe. The goal is to build upon this momentum and work with local communities in addressing the need for improved and new built environments and sustaining these efforts. In 2010 nearly \$40,000 was the reported total spent on statewide 2nd Sunday events. This includes in kind contributions, varying by county. UK Healthcare provided \$15,000 for 2nd Sunday 50 t-shirts for participating counties. Lexmark Inc. also provided 35 color 2nd Sunday posters to participating counties.
- Selected to participate in Lead21, 2008/2009. One of two participants from the University of Kentucky in the 2008/2009 class. LEAD21 is intended to meet the future needs for

leadership development of faculty, specialists, program and team leaders, research station and center directors, district and regional directors, department heads and chairs, and others in land grant universities' colleges of agricultural, environmental, and human sciences and USDA/CSREES. The primary purpose of LEAD21 is to develop leaders in land grant institutions and their strategic partners who link research, academics, and extension in order to lead more effectively in an increasingly complex environment, either in their current position or as they aspire to other positions.

- Outstanding Program Award: *Children, Youth, and Families at-Risk (CYFAR)*. Kentucky Association of State Extension Professionals. February 2008
- Outstanding Project Award: *2nd Sunday*. Kentucky Association of State Extension Professionals. February 2008.
- Outstanding Project Award: *Pandemic Flu/Avian Flu Awareness Project*. Kentucky Association of State Extension Professionals. February 6, 2007.
- Epsilon Sigma Phi Team Achievement Award–National Initiative: First Place for *Learning About Parenting (LAP)–Youth At Risk*. 1994.
- Epsilon Sigma Phi Team Achievement Award: First Place for *Food Safety and Quality Task Force*. 1994.
- Association of Kentucky Extension Specialists, elected Board of Directors. 1993-1996.
- Association of Kentucky Extension Specialists: Outstanding Extension Program for *PaL*. 1992.

LEADERSHIP AND SERVICE:

National:

- *CYFERnet Program*: Since 1999, co-director providing fiscal, program, and personnel leadership for the CSREES CYFERnet-Program. CYFERnet is a national network of land grant university faculty and county Extension educators working to provide community educational programs for children, youth, and families. CYFERnet is a distributed web-based library of materials working across all land-grant universities to solicit and review publications, quality research information and program materials for CYFAR community staff and others interested in children, youth and families at-risk. As co-director, developed and conducted a national needs assessment surveys. The results have guided CYFERnet-program objectives, impact indicators, and evaluation. Administered approximately \$1,900,000 in subcontracts to other land-grant universities. More than 40 university faculty collaborate on CYFERnet-program including five editors with diverse editorial boards who have responsibilities similar to those affiliated with a professional journal. Starting in 2000, established Interactive Telephone, CENTRA and other similar web-based trainings that provide an opportunity for state, county, and community site personnel to participate in a learning event without leaving their offices. Over 70 trainings have been conducted by CYFERnet most of which are archived on the website.
- *CYFAR Technical Assistance Liaison*: Selected by USDA-CSREES (1998- 2012) to be one of six nation-wide faculty to provide technical assistance and conduct site visits to Children, Youth, and Families at Risk (CYFAR) community projects in ten states and bring assessment to the Families, 4-H, and Nutrition unit of CSREES/USDA. Also serve as liaison to Children, Youth, and Families Education and Research Network (CYFERnet) to link the community-based programs of CYFAR to resources. This involvement provides the unique opportunity to develop multi-state collaborations and evaluate

community-based programming in diverse settings. In 2008 the selection of Technical Assistance Liaison became a competitive process of which I was selected for a 4 year additional commitment.

- *CYFAR Conference*: Since 1998, member of the conference Executive Committee serving in role of Share Fair chair, Program Showcase co-chair, and recording secretary.
- *USDA Multi-state Research Project - W1005: An Integrated Approach to Prevention of Obesity in High Risk Families*: A CSREES Multi-state project 2007-2012. Objectives: **1.** Conduct an expert field review of key behavioral measures purported to contribute to excessive weight gain in children aged 4-10 years old. **2.** Identify anthropometric and physiological measures that could be used to differentiate families within the target population in the community setting. **3.** To assess parent-child interactions in the target population as they relate to key behaviors identified as being associated with resilience to overweight. **4.** Determine appropriate tools to effectively measure salient behavioral differences between low-income families in the parent-child relationships identified in Objective 3 for the community setting. **5.** Design a framework for prevention strategies targeting the development of resilience behaviors. Selected Co-Chair in 2009, Chair in 2010 and 2011. Collaborating universities: Washington State University, Cornell University, Utah State University, University of Illinois, University of Arizona, University of Kentucky, University of Nebraska, South Carolina State University, University of Nevada, University of California, University of Colorado, University of Michigan, University of Minnesota, Rutgers University, The Ohio State University, University of Oregon, South Dakota State University, Texas A&M, and Purdue University.
- *USDA Multi-state Research Project - W2005: Parenting, energy dynamics, and lifestyle determinants of childhood obesity: New directions in prevention*. spearheaded the proposal and elected chair 2012-2014.
- e-Extension Think Tank, member, 2003.
- CYFAR Year End Reporting System protocol and testing committee, 2001-2002
- National ECOP/ESCOP Food Safety Subcommittee, one of 25 selected members nationwide, 2000-2001.
- USDA/CSREES CYFAR Expansion Committee, one of 35 members selected nationally. 1998
- National Welfare Reform Think Tank, one of 40 nationally selected members from Family Consumer Sciences discipline nationwide 1996-1997
- ParentLink Advisory Committee, one of 15 nationwide invited to Missouri to discuss the expansion of ParentLink. 1994.
- Selected member of Anti-Hunger Leaders Roundtable, sponsored by Shirley Watkins, Assistant Deputy Secretary for Food and Consumer Services. 1994
- Invited National Presentations:
 - ✓ Preventing Childhood Overweight and Obesity, Cooperative Extension: Making a Difference in Nutrition and Fitness of Families, Youth and Communities. *Evaluation Indicators and Age Appropriate Approaches*. February 2005.
 - ✓ Enhancing Food Safety through Control of Foodborne Disease Agents, sponsored by S-263 multi-state research project. *Consumer Behavior and Perceptions of Food Safety Related Risks*. 2003.
 - ✓ USDA Southeast Region - The Journey to Food Security - Partnership in Action.

- ✓ *Assessing Food Security in Kentucky*. May 2000.
 - ✓ USDA Listening Session for National Integrated Food Safety Initiative - Food Safety Priorities in Kentucky. 2000.
 - ✓ CYFAR 2005 pre-conference presentation. *Sustainable Community Projects*. May 2005.
 - ✓ New CYFAR Projects Orientation. *CYFERnet – Program*. Summer 2000-2009.
 - ✓ CYFAR 2000. *CYFERnet - What's In It for You?* Presentation. 2000.
 - ✓ CYFAR 1998. Programs that Work, national conference. Concurrent session: *National Youth at Risk Sustainability Study: Study of YAR projects and implications for State Strengthening Projects*. Presentation. March 1998
- Panel review for USDA/CSREES/1890 Capacity Building Grants Program, 2005-2007,
- Ad-Hoc reviewer for USDA/CSREES/NRICGP Improving Human Nutrition for Optimal Health. 2003, 2004
- Food Safety National contact person. 2000.
- Food Security National contact person. 1994.
- Plight of Young Children National initiative contact person. 1992.

State:

- Growing Healthy Kids, CEU Chair. 2004.
- KIDS NOW, Kentucky's Early Childhood Initiative, Healthy Babies Work Group. 2001.
- Governor's Task Force on Early Childhood Education, Advisory Committee. 1999.
- Solution Revolution: Seeking Creative Change through Partnerships with Families, Communities, and the Commonwealth, one of 60 statewide invited to participate by Governor Patton. 1997/8.

University:

- *Director Research Center for Families and Children 2012-present*: With the collaboration of HES faculty, RCFC will help HES achieve the vision and mission by enhancing the research culture through dynamic strategies.
- Executive Committee Member: *Exploring the Impact of Nutrition Education on County Health*
- *Department Chair 2006-2011*: I have offered the department an opportunity to develop a strong team that works together to marshal resources for the advancement of research, instruction and Extension. Extension faculty members now are fully embedded into the department. I have promoted faculty governance; fiscal and procedural accountability; teamwork within the department, HES and the College; and have improved infrastructure with renovations, purchase of state of the art equipment (BodPod), and improvement of laboratory space by marshalling various funding sources.
- *2nd Sunday*: Spearheaded Second Sunday that is a statewide event that encourages all forms of physical activity within the local community and is designed to get Kentuckians moving. Kentucky is consistently ranked among the top 10 states for obesity and obesity-related diseases. Second Sunday presents a compelling message of change from being a state of spectators to one of active participants. Organized by University of Kentucky Cooperative Extension and community partners, Second Sunday sends an undeniable message that Kentucky is serious about improving its residents' health and promoting physical activity. More than 12,000 people in 70 counties participated in the past year's inaugural event. The event was so successful that the Dean of the College of Agriculture is supporting a position this year to coordinate the event statewide.
- *CYFAR Kentucky's State Strengthening Project*: Program Director providing statewide

fiscal, program, and personnel leadership. These CYFAR efforts were integrated into base programming with six of the seven community projects being sustained after federal funding was completed. Helped to develop a CYF in-service certification series; collaborated with the Family Studies Department to develop/support state-wide programming; and administered a subcontract with a Family Resource Center in order to sustain one project.

- *CYFAR Kentucky's New Communities Project*: Program Director providing statewide fiscal, program, and personnel leadership. These CYFAR efforts were integrated into base programming with two of the three community projects being sustained after federal funding was completed. Kentucky's project is built upon three major bodies of work which under-gird a promising approach for helping Kentucky's families implement actions and behaviors aimed at improving health of family members. First, asset-based models for youth development (Search Institute) and community development (Kretzman & McKnight) have demonstrated that efforts which focus on promoting positive attributes, conditions, and characteristics can pay enormous rewards. Second, family resiliency theory suggests that the family unit can be effective for delivery of programs which aim to strengthen the wellbeing of individual family members. Finally, health belief model suggests that behavioral change is, at least in part, affected by an individual's perceptions of his capacity to implement a desired behavior. Consequently, Kentucky's New Communities project used the family unit as the primary mechanism for increasing the number of health-related assets present in the family. Data from over 530 Family Based Health Asset Inventories indicate that a significant number of families are missing health assets in water, fruit and vegetables, whole grain breads and cereals, and low fat food consumption. Families are not participating in preventative screenings. In addition, families indicate that they do not have protective devices such as smoke and CO detectors, escape plans, and emergency numbers posted by the phone. The third round of the Organizational Change Survey was conducted in KY (112 CES respondents) to continue to track longitudinal data on the development of state-wide capacity for working with at-risk audiences and the integration of at-risk programming into base programs. The survey was hosted on the Iowa web server beginning February 27, 2004 and ended March 26, 2004. A total of 112 of the 145 potential respondents completed the survey for a 77.2% response rate. Among the most significant findings were that 94% are actively participating in community task forces working on child, youth and family issues (compared to 84% in 2000); 57% state they are working with people from diverse ethnic backgrounds (compared to 29% in 2000); 63% have received training on facilitating organizational change in regard to work with children, youth and families (compared to 42% in 2000); 78% have used CYFERnet during the previous year and 92% have used other state or national Extension web pages for children, youth and families at-risk information (compared to 71% and 79% respectively in 2000); and 75% believe they have a good or excellent knowledge level in programming for at-risk audiences (compared to 67% in 2000). A noteworthy attribute to the KY Program: Colien Hefferan, Administrator CSREES, complimented the Kentucky CYFAR program in her address before the Committee on Government Reform, US House of Representatives on May 20, 2004.
- *CYFAR Sustainable Communities Project* Kentucky's funding proposal to CSREES focuses on life skills development with the middle school age group. This thrust and

audience were determined by agent surveys disseminated in September and November 2005 at the state 4-H Retreat and the FCS Update in-services. A total of 202 FCS and 4-H agents completed this survey. Ninety-eight percent of the respondents stated that personal values/life skills *are important* to the youth in their counties, while 92% stated there is a *need to focus on* personal values/life skills in their counties. In regard to target audience, 77% stated that there is a high or very high priority to focus on the middle school age group. The grant, if fully funded, will be for more than \$635,000 over five years. Two counties are involved in this project.

- HES Governance Committee: Spearheaded with three other HES faculty the development HES Governance document (summer 2012). It has been introduced to all HES personnel for comment. Modifications were made and the document is under review of HES Leadership Committee.
- Non-medical Institutional Review Board. 2011 alternate, 2012 full member meeting every 3rd week.
- Academic Advisory Committee for the Extension Title Series appointed member(2012/2013-2013/2014)
- Faculty mentor for an Assistant Professor
- Healthy Weight Task Force, co-chair, School of Human Environmental Sciences 2006 - 2009
- Family Studies Search Committee for Department Chair, chaired committee, 2008
- Animal and Food Sciences department ad hoc review team 2005
- Barnhardt Fund for Excellence Committee 2006-2008
- Graduate Committee for Department of Nutrition and Food Science 2003- present
- Research committee for Department of Nutrition and Food Science 2003
- Chair's Advisory Committee for Department of Nutrition and Food Science 2003
- Kentucky's 4-H Youth Development Program participant. February 2005
- Interim Assistant Director for Home Economics
- Food Safety National contact person. 2000/2001
- College of Human Environmental Science Scholarship Committee. 1998-1999.
- Kentucky's 4-H Youth Development Program participant. February 2005.

IMPACT: INNOVATIVE AND EFFECTIVE APPROACHES

Websites:

- **CYFERnet (www.cyfernet.org)** Awarded USDA's Highest Award: Secretary's Honor Award for CYFERnet, June 13, 2003. Awarded "5 Star" rating (top rating) for CYFERnet by Tufts University Child & Family Webguide, 2004. Received 5 star recommendation from Invest in Kids Foundation for CYFERnet, 2004. CYFERnet was recommended in *Idaho 4-H Today*, the book *Families and Change: Coping with stressful events and transitions*, and *Wisconsin Connecting Families-Strengthening Communities*. CYFERnet provides access to over 8,000 peer-reviewed resources, web links, curricula, and program materials at no cost. Through the work of CYFERnet-Program, users are assured that CYFERnet materials are high quality and research-based. There was a 157% increase in hits to the website from 2004 (686,536) to 2008 (1,765,261). In addition, there was a 55.7% increase in different users to the site from

2004 (101,362) to 2008 (157,780).“At your desk” webinars were offered through telephone, CENTRA, BREEZE and Adobe Connect. Trainings were offered on 70 timely topics over the past five years and are archived on CYFERnet. Hot topic web pages were developed and linked through CYFERnet to provide timely information to all users about topics that were currently receiving media attention or topics that had direct relevance for programming. Over 63 hot topics resource pages were developed containing links to high quality information and websites, summaries of trainings, and resources to assist in programming at the state and county level. This proactive approach was used to develop resources on Hurricane Katrina, School Violence, and Personal Finance in Tough Times immediately after major national media coverage. CYFERnet-Program worked closely with CYFERnet-Technology, CYFERnet-Evaluation, CYFAR liaisons, eXtension, 4-H Afterschool, Operation: Military Kids, Building Partnerships for Youth, National 4-H Jury, 4-H Programs of Distinction, National Youth Organization database, American Association of Retired Persons, National Network for Child Care, and other relevant youth and family development projects and associations to build the most comprehensive and high-quality web database possible. More than 40 university faculty collaborate on CYFERnet-program including five editors with diverse editorial boards who have responsibilities similar to those affiliated with a professional journal.

- **Pandemic Flu** (<http://www.ca.uky.edu/hes/fcs/pandemicflu/index.html>) received Outstanding Project Award: *Pandemic Flu/Avian Flu Awareness Project*. Kentucky Association of State Extension Professionals. February 6, 2007. This proactive site was created two years prior to the H1N1 pandemic and addresses understanding, preparing, during, and prevention aspects of the pandemic flu. This website will be updated periodically. This website was selected to be included in the CYFERnet Hot Topic *Avoiding the Flu* located at: <http://www1.cyfernet.org/hotnew/06-09-flu.html>.

Computer Game: Shanley, E., Thompson, C., Kurzynske, J., & Cummings, M. “Bac Man” computer game, along with food safety lesson plans for middle school teachers.

<http://foodsafety.uconn.edu/>

Centra Presentations: Through CYFERnet, provided the venue for various “at your desk” trainings for a national audience, lead presenter for:

- Writing for Easy Reading,
- Uncover Secrets of CYFERnet: Materials, Training and More, and
- Obesity and the Built Environment.

Interactive Telephone Trainings: 4-H Youth Development Programs of Excellence for Interactive Telephone Trainings. 2001. Through CYFERnet, provided the infrastructure for “at your desk” trainings. These were the precursor for Centra, Breeze, and Connect trainings provide to Extension professionals nationwide.

National ECOP/ESCOP Food Safety Subcommittee Papers: Researched and synthesized data and wrote final report “Identifying Potential Contributions of the Land Grant Universities for the Implementation of the Preliminary National Food Safety Strategic Plan”. 2000

Welfare reform, food insecurity and nutrition education for at-risk: Food Stamps Nutrition Education Program: Director of statewide program 1999-2003. Almost 70,000 individuals were trained face-to-face with between 49% and 97% gaining knowledge, 20% and 73% aspiring to use the knowledge, and 6% - 100% of those in on-going groups having changed

behaviors in the areas of nutrition, food safety, and food economics. This program targeted food stamp recipients and those who were eligible to receive food stamps in a variety of life stages and family situations. Because the needs are so different across the state, cafeteria-style resources were developed. On average 105 FCS agents participated. The underpinnings for this project are grounded in nutrition, consumer, and educational research. This program is based on the re-emerging nutrition research paradigm of food synergy (examining total dietary patterns and interactions among food constituents) rather than reductionism (studying individual food components in their purified form). Consumer research indicates that unless a program addresses consumer concerns, knowledge, and perceived needs, they will not listen. The program was designed so that participants crafted healthy, accurate food messages through manipulating, sorting, and practicing new behaviors. Agents provided feedback as to the suitability of materials and content thrusts. Welfare Reform Transition Task Force: Member of the task force that developed administrative report and recommendations to guide Kentucky Extension's response to welfare reform. National Welfare Reform Think Tank: One of 40 members (1996-1997) who developed recommendations for FCS professionals in land-grant universities.

Teenage Pregnancy and Parenting Programming: Partner Assisted Learning – Nutrition and the Pregnant Teen (PaL): Over 700 infants have been born to PaL moms, of these 8.1% were low birth rate babies compared to statewide average of 9.0 saving as much as \$700,000 in perinatal care. The Pal program was requested by nearly 20 state Extension programs. Learning About Parenting (LAP): The program was designed to help the teen parent develop parenting skills. The LAP train-the-trainer program was the first FCS-CES program offered to non-Extension personnel (Family Resource and Youth Service Centers, and Resource Mothers).

EXTRAMURAL FUNDING (\$12,099,556)

****Nationally competitive (\$7,581,971)**

- ****Collaborative Environmental Approaches to Reduce Obesity Disparities in Kentucky, CDC. 2014-2017, Project co-PI. Funded \$1,887,012.**
- **** University of Kentucky Regional Nutrition Education Centers of Excellence - National Coordination Center (UKNCC), NIFA 2014-2016. Project PD, Ann Vail Project PI. Funded \$175,000.**
- ****The Ymca, Uk And Ksu: Yes (Youth Enagement And SupporSupport) Jefferson County USDA-NIFA2014-2019. Project Director. Funded \$673,750.**
- ****Harden, F. PI, Kurzynske, J. co-PI 4/18/14-3/31/17 year one \$ 123,153 National Institute of Nursing Research. Interventions in Nutrition Education and Skills. (3%)**
- **Strong Dads, Resilent Families, USDA-NIFA 2013-2018. Project Director. Funded 574,471.**
- ****CYFAR PD&TA USDA-NIFA University of Minnesota 2013-2016. KY Project Director. Funded \$180,000.**
- ****CYFAR Capacity Building Supplemental, USDA-NIFA 2012-2014. Project Director. Funded \$130,00.**
- ****CYFAR Capacity Building, USDA-CSREES. 2009-2014. Project Director. Funded \$700,000.**
- ****CYFERnet – Program, USDA-CSREES. New competitive process - Awarded for 5 years 2009-2014. Project Director. Funded \$ 794,000,**

- ****CYFAR Liaison**, USDA-CSREES. New competitive process – Awarded for 4 years 2009-2014. **Funded \$123,200**, Project Director.
- ****Innovative food safety education for low literacy food service employees using enhanced and interactive distance education**, CSREES Integrated Research, Education, and Extension Competitive Grants Program - National Integrated Food Safety Initiative, USDA-CSREES. Kentucky project director. 2006-2009. **Funded \$61,605**.
- ****Promoting Life Skills in Middle School Youth**, USDA-CSREES. Project Director. **Funded \$654,000**.
- ****Family Based Assets in Health and Wellness**, USDA-CSREES. Project director. 2001-2006. **Funded \$714,592**. Limited competition.
- **Technical Support Agreement**, USDA-CSREES. 1999-2008. **Funded \$336,000**
- ****CYFERnet – Program**, USDA-CSREES. Project co-director. 1999-2009. **Funded \$2,202,975**. Competitive 1999 - 2004.
- ****Is Internet an Effective Tool for Food Safety Education of At-Risk Adolescents?** CSREES Integrated Research, Education, and Extension Competitive Grants Program - National Integrated Food Safety Initiative, USDA-CSREES. Kentucky project director. 2000-2005. **Funded \$55,269**.
- **Food Stamps Nutrition Education Program (FSNEP)**. USDA-FNS. Project director. 1998-2003. **Funded \$1,874,877**.
- **Statewide Food Safety Campaign from Farm to Table**. USDA-CSREES, EFSQ-POW CSREES Food Safety POW, USDA-CSREES. Project Director. 2000. **Funded \$30,000**.
- ****Food Insecurity in Kentucky**, Southern Rural Development Center. Project Director. 1999. **Funded \$15,000**.
- **Electronic Connectivity**, USDA-CSREES. Project director. 1996. **Funded \$103,000**.
- ****Children, Youth and Families At Risk State Strengthening**, USDA-CSREES. Project director. 1995-2000. **Funded \$748,000**. Funded in 2nd round of funding – 17 out of 50 states were funded through first or second round of funding.
- **Young Children Food Safety Education Project**, Special funding USDA Extension Service. Project leader. 1993. **Funded \$7,000**.
- ****Money Management: Reaching Low Reading-Level Audiences**, USDA Extension Service. Team member. 1993. **Funded \$2,500**.
- **EFNEP, Special Funds to work with WIC**. Program leader. 1992-1995. **Funded \$90,000**.

INTRAMURAL FUNDING (\$128,554)

- **Commonwealth Collaborative** funding for 2nd Sunday, 2010. **Funded \$10,000**.
- **Research Activity Award**, University of Kentucky College of Agriculture. Food Safety for the Elderly. Mary Roseman, PI; Janet Kurzynske, CoPI; and Melissa Newman, CoPI. Jan – May 2005. **Funded \$4,999**.
- **Development of the University of Kentucky Value-Added Food Processing Incubator**. UK College of Agriculture. Project team member. 2000. **Funded \$90,000**.
- **Folic Acid**, March of Dimes. State competitive. Project director. 1999. **Funded \$3,500**.
- **Resource Mothers Project**: Rockcastle County. Locally competitive. Program leader. 1994-1995 **Funded \$8,500**.
- **Learning About Parenting**, University of Kentucky, COA Program Enhancement Grant. College competitive. Project Coordinator. 1994-1995. **Funded \$4,890**.

- *PaL*, March of Dimes Mini-grant. Locally competitive. Project leader. 1994. **Funded \$1,100.**
- *Youth At Risk and Plight of Young Children Survey*, University of Kentucky Research and Survey Center. University competitive. Project co-leader. 1994. **Value ~\$1,000.**
- *Starbirth Coalition Project*, March of Dimes. Locally competitive. Project leader. 1994. **Funded \$1,500.**
- *Young Children Food Safety Education Spanish Project*, Kentucky Extension Homemakers Association. UK/FCS Extension competitive. Project leader. 1993. **Funded \$300.**
- *Young Children Food Safety Education Project*, Kentucky Extension Homemakers Association. UK/FCS Extension competitive. Project director. 1993. **Funded \$1,765.**
- *Young Children Nutrition Education Project*, Kentucky Extension Homemakers Association. UK/FCS Extension competitive. Project director. 1993. **FUNDED \$2,000.**

PUBLICATIONS AND SCHOLARLY MATERIALS

Journal Articles:

Stephenson TJ, Peritore N, Webber K, **Kurzynske JS**. A Learner-Centered Teaching Model Integrating Undergraduate Research and Service Learning. *NACTA Journal*, September 2013:40-46.

Jones, K.R., Ashurst, K.L. & **Kurzynske, J.** (2007) County extension agents' perceptions of positive developmental assets for vulnerable youth. *Journal of Extension*. Vol 45, No. 6. <http://www.joe.org/joe/2007december/rb4.php>.

Roseman, M. & **Kurzynske, J.** (2006). Food Safety Perceptions and Behaviors of Kentucky Consumers, *Journal of Food Protection*. Vol. 69, No. 6, p.1412-1421.

Roseman, M., **Kurzynske, J.**, & Tietzen, J. (2006). Consumer Confidence Regarding the Safety of the U.S. Food Supply, *Journal of Foodservice Business Research and International Journal of Hospitality & Tourism Administration*. Vol. 6, No. 4, p.71-90.

Kurzynske, J.S. & Smith, J.T. (1982). An effect of sulfur nutrition on the metabolism of salicylamide, *Drug Nutrient Interactions*. Vol. 2, p.169.

Kurzynske, J. S. & Smith, J.T. (1975). A relationship between the dietary history of a rat and the relative conjugation of glucuronate and sulfate with salicylamide, *Federation Proc.* 34.884.

Manuscripts:

Joint ESCOP/ECOP Food Safety Task Force member involved in writing: Preliminary National Food Safety Strategic Plan: A Comprehensive Report to the Experiment Station Committee on Organization and Policy (ESCOP) and the Extension Committee on Organization and Policy (ECOP), 2000.

Welfare Reform Transition Task Force: Administrative Report & Recommendations, 1997.

DeWalt, K., Berman, L., Markesbery, B., & **Kurzynske, J.** (1991). Preliminary Results School Breakfast Needs Assessment, Food in the Morning, Marion County.

Johnson, P., **Kurzynske, J.**, Lutz, V., Mutch, P., Stoia, R., & Vyhmeister, I. (1984). Vegetarian Cuisine Instructor Training Manual, Washington, D.C.

Johnson, P., **Kurzynske, J.**, Lutz, V., Mutch, P., Stoia, R., & Vyhmeister, I. (1984). Vegetarian Nutrition Instructor Training Manual, Washington, D. C.

Proceedings and Abstracts:

Kurzynske, JS, Webber, KH, Forsythe, H, Fowler, M. Quick Methods for Determining Body Composition in Diverse Populations. 10th International Symposium on Body Composition. Cascais Portugal. June 2014, Poster and abstract.

McClain AC, Dollahite J, Idris R, **Kurzynske J**, Moustaid-Moussa N, Shultz JA, Sigman-Grant M. Take time for kids: Perceptions of the parental role in supporting healthy child activity and eating behaviors. *J Nutr Educ Behav.* 2013;45(4S):S73.

Webber KH, Ireland A*, **Kurzynske J**, Forsythe H. Diet Quality in Collegiate Athletes. International Conference on Sport and Society, Chicago, IL, June 2013, poster.

Ireland A*, Webber KH, **Kurzynske J**, Forsythe H. Diet Quality in Collegiate Athletes. 33rd Annual Meeting, Society of Behavioral Medicine, San Francisco, CA, March 2012, poster and abstract.

Peritore N., Webber K.H., Murray D., **Kurzynske J.**, Doggett D, & Purschwitz M Families on the Move – Physical Activity Can Be Family Time. Robert Wood Johnson Foundation Active Living Research Annual Conference, San Diego, CA, 2011, poster and abstract

Kurzynske, J. & Roseman, M. (2006) *The Effectiveness of Extension Communication on Improving Kentucky Consumers' Food Safety Attitudes and Behaviors.* Journal of the American Dietetics Association Proceedings. Suppl. Vol.106, No. 8, A73.

Kurzynske, J., Stivers, W., & Ashurst, K. (2005). *The Children, Youth, and Families Education and Research Network- CYFERnet.* Abstract: Journal of the American Dietetics Association Proceedings. Suppl. 2, Vol.105, No. 8.

Carville, A., Thompson, C., Cummings, M., **Kurzynske, J.**, Depalma, A., & Shanley, E. (2004). *Food Safety Knowledge of High-Risk and Underserved Secondary School Students.* Abstract: Journal of the American Dietetics Association Proceedings. Suppl. 2, Vol. 104, No. 8.

Carville, A., Shanley, E., Thompson, C., Cummings, M., & **Kurzynske, J.** (2003). *Improving High Risk Students' Knowledge of Food Safety Using a Computer Game.* Abstract: Journal of the American Association of Family Consumer Sciences. Proceedings. Suppl. 1, Vol. 103, No. 9.

Kurzynske, J., May, R., & Tietzen, J. (2002). *Color Is Key*. Abstract: 35th Annual Society for Nutrition Education Conference Proceedings. Vol. 35, No.1. (Peer Reviewed)

Tietzen, J., Coleman, H., Newman, M., & **Kurzynske, J.** (2001). *Communicating Food Safety Information to Target Audiences*. Abstract: 34th Annual Society for Nutrition Education Conference Proceedings. Vol. 34, No.1. (Peer Reviewed)

Kurzynske, J. & May, R. (2001). *Participant Discovery as a Strategy for Nutrition Education*. Abstract: 34th Annual Society for Nutrition Education Conference Proceedings. Vol. 34, No. 1. (Peer Reviewed)

Kurzynske, J., Coleman, H., Newman, M., & Tietzen, J. (2001). *Consumer Acceptance of Format and Logos for Printed Food Safety Information*. Abstract: 34th Annual Society for Nutrition Education Conference Proceedings. Vol. 34, No.1. (Peer Reviewed)

Goodman, K. & **Kurzynske, J.** (2001). *Surfin' CYFERnet - Waves of Resources for Working with Children, Youth, and Families*. Abstract: Strengthening Families and Youth - Strategies for Success, A Showcase of Programs and Curriculum, D-5. (Peer Reviewed)

Kurzynske, J. & McGough, S. (2000). *Assessing Food Insecurity in Kentucky*. Abstract: Food Assistance and Nutrition Research Small Grants Program, Executive Summaries of 1998 Research Grants.

Kurzynske, J., McGough, S., & Tietzen, J. (2000). *Trends in Attitudes and Perceptions about Food Safety in Kentucky*. Abstract: 33rd Annual Society for Nutrition Education Conference Proceedings. Vol.30, No 1.

Kurzynske, J. & Joseph, A. (1993). *School Breakfast Expansion Project: A Food Security Model*, Food Security Public Issue Education Proceedings. p.85-86.

Extension Publications: (peered reviewed unless stated otherwise)

Peritore, N. & Kurzynske, J. 2012 Active Gaming - Physical Activity Video Games. The publication has been peer reviewed using the HES process. It is being edited for final grammatical/style editing (number not yet assigned).

Allen, R., Gnatuk, C., Kurzynske, J. (2008) *Home is Where the Health Is* FCS-188.

Kurzynske, J. (2006) *Build Your Immune System with Good Nutrition – Pandemic Flu*. KYEden-JSK.300. Reviewed and accepted on CYFERnet.org.

Kurzynske, J. (2006) *Food for Emergencies – Pandemic Flu*. KYEden-JSK.302. Reviewed and accepted on CYFERnet.org.

Kurzynske, J. (2006) *Home Nursing Care – Pandemic Flu*. KYEden-JSK.303. Reviewed and accepted on CYFERnet.org.

Kurzynske, J., Ashurst, K., Bibbs, V. (2002 & 2006) **Family Health and Safety Organizer**. CYF-JSK.001 A 24 page publication that increases the self-efficacy of families in the health arena. Reviewed and accepted on CYFERnet.org.

Kurzynske, J., Murray, D., Husband, A., Henkin, K., Pescatore, T. (2006) College of Agriculture **Pandemic Flu Website** <http://www.ca.uky.edu/fcs/pandemicflu/know.html> Reviewed and accepted on CYFERnet.org.

Shanley, E., Kurzynske, J. Cummings, M., & Thompson, C. (2004). **Why Is Food Safety Important?** (9 pages) *Step 1: Clean Step* (9 pages) *Step 2: Separate, Don't Cross Contaminate* (6 pages) *Step 3: Cook Step* (10 pages) *Step 4: Chill* (14 pages). Food Safety for Middle-school Aged Students, complete curriculum with five lesson modules.

Kurzynske, J., & May, R. **Food Stamp Nutrition Education Program: Main Dish Mania**. A program to promote pre-planning, wise spending and choosing main dish items that fit the Food Guide Pyramid pattern. Includes printed educational materials, teaching guides, fact sheets, evaluation tools, marketing resources, youth programs, and healthy recipes.

Kurzynske, J., May, R. **Main Dish Mania Magazine**, 2003. (12 pages)

Kurzynske, J., May, R. **Main Dish Mania Lesson Plan**, 2003. (11 pages)

Kurzynske, J., May, R. **Main Dish Mania - Recipes**, 2003.

Kurzynske, J., May, R. **Is Your Family Tired, Hungry and Cranky?** 2003.

Display board (one for each participating agent)

Kurzynske, J., & May, R. **Food Stamps Nutrition Education Program: Simply Salads**. A program to promote pre-planning, wise spending and choosing salad items that fit the Food Guide Pyramid pattern. Includes printed educational materials, teaching guides, fact sheets, evaluation tools, marketing resources, youth programs, and healthy, recipes.

Kurzynske, J., May, R. **Simply Salads**, 2002. (8 pages)

Kurzynske, J., May, R. **Simply Salads for Children**, 2002.

Kurzynske, J., May, R. **Simply Salads - Recipes**, 2002.

Kurzynske, J., May, R. **Simply Salads - Evaluation Activity**, 2002.

Kurzynske, J., & May, R. **Food Stamps Nutrition Education Program: Supper on \$5**. A program to promote pre-planning, wise spending and choosing food items that fit the Food Guide Pyramid pattern in food stamp eligibles and recipients. The lesson idea was suggested by numerous KY FCS Extension agents. This wave includes printed educational materials, teaching guides, overhead transparencies, evaluation tools, marketing resources, fact sheets, youth programs, background readings, and healthy, inexpensive recipes.

Kurzynske, J., May, R. **Sample Low-Cost Menu Ideas**, 2002. (12 pages)

Kurzynske, J., May, R. **Let's Eat For Less**, 2002. (4 pages)

Kurzynske, J., May, R. **Supper on \$5 Lesson guide**, 2002. (8 pages).

Kurzynske, J., May, R. **Kitchen Staples**, 2002

Kurzynske, J., May, R. **Saving Money Contract**, 2002

Kurzynske, J., May, R. **Price Breakdown per Serving for Typical Meal Pattern**

Kurzynske, J., May, R. **FoodWise Evaluation Form**. 2002.

Kurzynske, J., & May, R. ***Food Stamps Nutrition Education Program: Fun Summer Foods: Let's Get FoodWise.*** A program to promote healthy summer foods consumption in particular emphasizing food safety as well as nutrition, preparation skills, and shopping behaviors in food stamp eligibles and recipients. This wave includes printed educational materials, teaching guides, evaluation tools, marketing resources, fact sheets, youth programs, and healthy, inexpensive recipes.

Kurzynske, J., May, R. ***Fun Summer Foods Lesson Guide***, 2001 (10 pages).

Kurzynske, J., May, R. ***Fun Summer Foods Recipes***. 2001.

Kurzynske, J., May, R. ***Fun Summer Foods - Kids' Materials***, 2001.

Kurzynske, J., May, R. ***Fun Summer Foods - Evaluation***, 2001.

Kurzynske, J., May, R. ***Fun Summer Foods***, 2001 (4 pages).

Kurzynske, J., & May, R. ***Food Stamps Nutrition Education Program: Soups & Sandwiches: Let's Get FoodWise.*** A program to promote healthy and quick home-cooked meals emphasizing food safety, nutrition, preparation and shopping behaviors in food stamp eligibles and recipients. This wave includes printed educational materials, teaching guides, evaluation tools, marketing resources, fact sheets, youth programs, and healthy recipes.

Kurzynske, J., May, R. ***Soups & Sandwiches Lesson guide***, 2001 (8 pages).

Kurzynske, J., May, R. ***Sandwich & Soup Toppers***, 2001.

Kurzynske, J., May, R. ***FoodWise Evaluation & Reimbursement Form***, 2001.

Kurzynske, J., May, R. ***FoodWise Contract***, 2001.

Kurzynske, J., & May, R. (2002). ***Food Stamps Nutrition Education Programs: Low Literacy Kentucky Foods Flyers.*** KY FCS and horticultural agents involved in the FSNEP program requested low literacy Kentucky foods flyers. Separate flyers were created for: peas, apples, tomatoes, strawberries, green beans, potatoes, and cucumbers. (Internally reviewed)

Kurzynske, J., & Rennekamp, R. (2002). ***Inventory of Family-Based Health Assets*** - A tool that assesses family health needs, motivates families to take action, determines thrusts for community program planning, and evaluates behavior changes. Reviewed and accepted on CYFERnet.org.

Kurzynske, J., & Goodman, K. (2002). ***Family Action Plan*** - A tool for families to develop a family action plan after they determine the health assets to target. (Internally reviewed).

Rennekamp, R., Kurzynske, J., Goodman, K., & Smith, S. (2001). ***Programming for Children, Youth, and Families at Risk: An Examination of Organizational Change in the Kentucky Cooperative Extension Service.*** (results from survey).

Kurzynske, J., Tietyen, J., Bastin, S., Forester, D., & McGough, S. (1998-2000). Nutrition Education Program packaged programs with Lesson Guides, Leaders Guides, Fact Sheets, Overheads, and Presentation Materials: ***Family Meals, Color Is Key, Smart Shopping, Plan Now, Party Later.***

Kurzynske, J. (1997) Fact sheets: ***Baby-Proofing the Kitchen, Feeding Your One-Year Old, Children in the Kitchen, Selling the Perfect Body (FN-JSK.068), Do You Ever Get Funny with Food? (FN-JSK.75), Eating Patterns (FN-JSK.073), Feeding Your 6-11 Year Old, Feeding***

Your 4-5 Year Old, Feeding Your 1-2 Year Old, Safe Handling of Flooded Foods (FN-JSK.77) and Feeding Children, Federal Welfare to Work: Summary.

Kurzynske, J., & Fitzpatrick, B. (1995) ***Pyramid Food Guide Pyramid Computer Game.***

Kurzynske, J., Daly-Koziel, K., & Rains, K. (1995) ***WIC/EFNEP Adult Packaged Program.*** Two lessons including: Lesson Guides, Leader Guides, and Fact Sheets.

Kurzynske, J. (1996). Expanded Food and Nutrition Education Program (EFNEP) publications: ***Nutrition for Young Children, Nutrition for Children 2-3 Years, Nutrition for Children 4-5 Years, Nutrition for Children 6-7 Years, and Nutrition for Children 8-10 years.***

Kurzynske, J. (1996) ***Fruits and Vegetables Food Safety.*** FN-JSK.159.

Kurzynske, J. (1993, 1995, 1996) ***Learning About Parenting*** publications. Each topic has lesson guide and fact sheets: ***Nourishing the Newborn: Birth to Four Months; Nourishing the Older Infant: Four to Twelve Months; Play, Toys and the Safe Environment Infant through Twelve Months; Caring for a Baby*** (consultant); ***A Child's Health*** (consultant); ***Looking Good and Feeling Great*** (consultant); ***Child Development, Birth to Twelve Months*** (consultant); and ***Nourishing the Young Child; Toilet Training*** (written with: Martin, C., & Gantz, S.)

Kurzynske, J., Daly-Koziel, K., & Rains, K. (1995). ***WIC/EFNEP Nutrition Curriculum and Activities for Pre-Schoolers.*** Contains nutrition lessons for preschool children including Lesson Guides, Leaders Guides, Fact Sheets and all project material "suitcase." Lessons include: ***Breakfast; Lunch; Dinner; Snacking Mouse; Food Guide Pyramid; Beano Becomes SuperBean; Jelly Bean Joker; Beano and the Good Food Group; Tosha's Days and Hands.***

Kurzynske, J. (1995). ***Popular Weight Management Myths:*** Lesson Guide, Leader's Guide, Fact Sheets, and audiovisual materials.

Kurzynske, J., Forester, D., & Rains, K. (1995). ***Partner Assisted Learning - Nutrition and the Pregnant Teen*** Packaged Program. Seven lessons including Lesson Guides, Fact Sheets, activities, and audiovisuals. Lessons include: ***Overview; Weight/Food Guide Pyramid/Substance Abuse; Discomforts of Pregnancy/Milk, Yogurt and Cheese Group; Vegetables and Fruits/Fat and Cholesterol Discussion; Meat, Poultry, Fish, Dry Beans, Eggs and Nuts Group/Bread, Cereal, Rice and Pasta Group/Iron; Fast Food and Snacking; Nourishing the Newborn.***

Kurzynske, J. (1995). ***Exercise and Fat Content of Common Food,*** Exhibit for Children.

Kurzynske, J. (1995). ***Partner Weight Management Program*** (pilot version only).

Kurzynske, J. (1995). ***Snacks for Children:*** Lesson Plan, Fact Sheets, and Activities.

Kurzynske, J. (1994). ***Food Guide Pyramid:*** Lesson Plan, Fact Sheets, and Activities

Kurzynske, J. (1994). *Nutrition and Exercise for the 90's*: Lesson Guide, Leader's Guide, and Fact Sheets.

Kurzynske, J. (1994). *Teaching the Food Guide Pyramid to Young Children*: Lesson Plan, Fact Sheets, and Activities.

Kurzynske, J. (1994). *Family Fitness for the 90's*: Lesson Guide, Leader's Guide, and Fact Sheets.

Kurzynske, J. (1993). *Hands, Food Safety for Young Children*: four- color flip chart lesson.

Kurzynske, J. (1993). *Tosha's Day, Food Safety for Young Children*: four-color flip chart story.

Kurzynske, J. (1993). *Kentucky CES Plastic Food Guide Pyramid*. Ninety-five were manufactured at UK, with 16 going to other states (designed and manufactured two years prior to the commercial one offered by Nasco).

Kurzynske, J., & Fitzpatrick, B. (1992). *Baby Info*, the content of a data collection method for PaL.

PRESENTATIONS, POSTER SESSIONS, AND EXHIBITS

National - peer reviewed:

- Webber KH, Ireland A*, **Kurzynske J**, Forsythe H. Diet Quality in Collegiate Athletes. International Conference on Sport and Society, Chicago, IL, June 2013, poster.
- Ireland A*, Webber KH, **Kurzynske J**, Forsythe H. Diet Quality in Collegiate Athletes. 33rd Annual Meeting, Society of Behavioral Medicine, San Francisco, CA, March 2012, poster and abstract.
- Peritore N., Webber K.H., Murray D., **Kurzynske J.**, Doggett D, & Purschwitz M Families on the Move – Physical Activity Can Be Family Time. Robert Wood Johnson Foundation Active Living Research Annual Conference, San Diego, CA, 2011, poster and abstract
- Roseman, M. & Kurzynske, J. (August 16, 2006) *The Health Belief Model as a Framework for Analyzing Food Safety*. International Association of Food Protectors Conference. Calgary, Canada. (Roseman presenting author)
- Kurzynske, J., & Roseman, M. *The Effectiveness of Extension Communication on Improving Kentucky Consumers Food Safety Attitudes and Behaviors*. American Dietetic Association Food & Nutrition Conference & Expo. Accepted for September 2006 poster presentation. (Kurzynske presenting author)
- Kurzynske, J., Stivers, W., & Ashurst, K. *The Children, Youth, and Families Education and Research Network- CYFERnet*. American Dietetic Association Food & Nutrition Conference & Expo. October 2005 poster presentation. (Kurzynske presenting author)
- Kurzynske, J., Shanley, E., Thompson, C., Courville, A., & Cummings, M. *Is the Internet an Effective Means of Teaching Food Safety to High-Risk Students?* Peer Reviewed. CYFAR 2005 Conference. (Kurzynske presenting author)
- Kurzynske, J., & Jakes, S. *Uncover Secrets of CYFERnet: Materials, Training and More*. Peer Reviewed. National Association of Community Development Extension

- Professionals. February 2005. (Kurzynske and Jakes presenting authors)
- Kurzynske, J., & Stivers, W. *Writing for Easy Reading*, CENTRA national training. April 2004. (Kurzynske and Stivers presenting authors)
 - Kurzynske, J., & Jakes, S. *Uncover Secrets of CYFERnet*. CENTRA national training. June 2004. (Kurzynske and Jakes presenting authors)
 - Kurzynske, J. *Writing in Plain English for the Low-literacy Audience*. Research poster session. CYFAR 2004 Conference.
 - Rennekamp, R., & Kurzynske, J. *Building Family-based Assets for Health and Wellness*. CYFAR 2003 Conference. (Kurzynske presenting author)
 - Rubinyi, R., Kurzynske, J., Peterson, D., & Jakes, S. *You're the Expert! Help Us Improve CYFERnet*. CYFAR 2003 Conference. (all authors presented)
 - Rennekamp, R., Kurzynske, J., Hall, S. *Using the Logic Model and Simple Evaluation Tools to Assess Success in Early Childhood Activities in Health and Wellness*. CYFAR 2003 Conference. (Kurzynske and Hall presenting authors)
 - Kurzynske, J., May, R. *Participant Discovery as a Strategy for Nutrition Education*. Nutrition Connections - People, Programs, and Science. FNS National Nutrition Education Conference. February 2003 (Kurzynske presenting author)
 - Kurzynske, J., Coleman, H., Newman, M., & Tietyen, J. *Consumer Food Thermometer Perceptions and Practices*. Thinking Globally - Working Locally: A Conference on Food Safety Education sponsored by USDA/FSIS and FDA. September 2002. (Kurzynske presenting author)
 - Goodman, K., Rennekamp, R., & Kurzynske, J. *Building Family Based-Assets for Health and Wellness*. Priester Conference. May 2002. (Goodman presenting author)
 - Kurzynske, J., Stivers, W., & Goodman, K. *An Interactive Guide for Using CYFERnet Resources in Designing Family Programs and Evaluations*. National Conference on Family Relations, Rochester, NY. October 2001. (Stivers presenting author)
 - Kurzynske, J., & McGough, S. *Comparing Food Security in a Southern State to National Data*. American Dietetics Association Annual Meeting, Atlanta, GA. October 1999. Poster session.
 - Kurzynske, J., & McGough, S. *Food Insecurity in Kentucky*. USDA Economic Research Service, Washington, D.C. October 1999. Presentation.
 - Kurzynske, J., & Hansen, G. *Issues, Questions, and Controversy: Lessons from Kentucky Programs on Teen Pregnancy, Parenting, and Sexuality*. CYFAR Conference, Washington, D.C. 1994. Presentation. (both authors presented)
 - Kurzynske, J. *Volunteers Teach Food Safety to Preschool Aged Children*. Society for Nutrition Education Annual Meeting, Portland, OR. July 1994. Poster session.
 - Kurzynske, J., & Fitzpatrick, B. *Computer-Aided Instructional Tools*. National Extension Technology Conference, Lexington, KY. May 1994. Poster session.
 - Kurzynske, J., *Plastic Food Pyramid, a Comprehensive Teaching Tool for Preschool Children*.
 - FNEE Pre-conference Professional Exhibit, Minneapolis, MN. July 1993.
 - Kurzynske, J., & Joseph, A. *School Breakfast Expansion Project: A Food Security Model*. Food Security Public Issue Education Workshop, Washington, D.C. March 1993. Presentation. (Kurzynske presenting author)

State - peer reviewed:

- Kurzynske, J., Husband, A, Pescatore, T., Powel, P. *Pandemic Flu* Kentucky Cooperative Extension Conference. 2007. Presentation and Exhibit
- Goodman, K., & Kurzynske, J. *CYFERnet--What's In It for Me?* Kentucky Cooperative Extension Conference. 2001.
- Kentucky Early Childhood Association Fall Conference. October 1995. Professional exhibit.
- Kentucky Early Childhood Association Fall Conference. Concurrent session: Partnering with Volunteers to Teach Nutrition and Food Safety in Preschool. October 1994. Presentation.
- Department for Mental Health and Mental Retardation Services' Building Comprehensive Services for Infants, Toddlers, and Their Families: The Time Is Now Conference. Kentucky's Children - Our Commonwealth professional exhibit. August 1993..

State – invited (examples):

- 2006 Biennial Extension Specialists and Associates Meeting. The Centra Symposium System.
- Kentucky Association of Family Consumer Sciences Annual Meeting, Welfare Reform Panel. 1997.
- College of Agriculture Round-Up. CYFAR, exhibit. September 1997.
- Children, Youth, and Families at Risk. State Extension Council, exhibit. February 1996.
- Kentucky Nutrition Council Seminar, *Picky Eaters*, presentation. 1996.
- Cattlemen's Association, *Food Safety in Relation to the Beef Industry*, presentation. February 1995.
- Kentucky Association of Family and Consumer Sciences. *Using the Food Guide Pyramid to Teach Nutrition to Children*, presentation. March 1995.
- Lake Cumberland Area Extension Council. *Food Safety*, presentation. March 1995.
- College of Agriculture Round-Up. Food Guide Pyramid, exhibit. September 1994.
- Kentucky Association for School Health. Exhibit on PaL. April 1994.
- Kentucky Nutrition Council Seminar. Concurrent session: *Teaching the Food Guide Pyramid to Children*, presentation. June 1994.
- Kentucky Extension Homemakers 1994, Annual Meeting. Concurrent session: *Teaching Food Safety to Young Children*, presentation. April 1994.
- Kentucky Extension Homemakers Association. *Teaching the Food Guide Pyramid to Children*, presentation. April 1993.
- Phi Upsilon Omicron. Women and Nutrition, presentation. April 1993.
- Kentucky Nutrition Council Annual Meeting. CES, Nutrition and Health, presentation. May 1993.
- Sullivan College. *Preschool Nutrition*, presentation. May 1993.

Presentations for Counties and Areas – invited (examples):

- Lincoln Trail Homemakers Annual Meeting. October 1995.
- Bluegrass, Northern, Northeast, Quicksand, and Wilderness Trail Areas training 4-H/youth development professionals and paraprofessionals. *Food Safety for Young Children*. March 1995.
- Fleming County Home and Farm Night. *Family Fitness*. February 1994.
- Morgan County Farm, Home and Family Night. *"Healthful Eating"*. March 1993.
- Winter School, Breckinridge County. Food Guide Pyramid. 1993.

- Morgan County Farm, Home and Family Night. *"Teens: Fit for Life"*. March 1993.
- Lincoln Trail Area Winter School. The New Food Guide Pyramid. February 1993.
- Lyon County. Sports and Nutrition for Coaches and Parents. September 1992-1993.

Special Groups – invited:

- Local Lexington organization. *What Is An "Ideal" Weight?*, presentation. January 1996.
- A Lexington civic group. *Weight Management and the Food Guide Pyramid*, presentation. March 1995.
- Leitchfield Head Start. *Nutrition for Preschool Children*, presentation. November 1995.
- University Women's Club. *Food Supplements*, presentation. October 1994.

State – other:

- 4-H Coverbud Training. April 2005.
- EFNEP statewide training. *Snacks for Children*, presentation. 1996.
- EFNEP State training. Computer curriculum, presentation. 1994.

OTHER CONTRIBUTIONS

Mass Communications:

- Radio: 200+ Consumer Tips
- Exclusives (Press Releases): Over 75 written
- Other Media: television, newspaper, and national magazines

Surveys:

- Kurzynske, J., & Roseman, M. Kentucky Research and Survey questions on food safety 2005.
- Jones, K, Kurzynske, J., Stivers, W., & Ashurst, K. Kentucky Assessment of Needs for Youth-at-Risk. September 2005.
- Kurzynske, J., Rennekamp, R., & Goodman, K. Organizational Change Survey. 2004.
- Kurzynske, J. & Rennekamp, R. Kentucky Research Survey Center survey on Cooperative Extension Service. 2000.
- Kurzynske, J. Kentucky FCS teacher survey- food safety educational needs of students. 2002.

Focus Groups:

- Kurzynske, J. 4-H participants review of FightBac computer game.
- Kurzynske, J. & Coleman, H. Food Safety Attitudes on Food Safety in Kentucky

RFAs Developed and Offered to Extension nationally:

- Kurzynske, J. & Stivers, W. CYFERnet-Program RFA to the Extension system. Topics were based on the CYFERnet Needs Assessment Survey results. One RFA was developed and offered to the Extension system on multi-need/diverse audiences for \$65,000. A team of five faculty/specialists from two 1890 and three 1862 land grant universities will be spearheading this effort through a subcontract with the UK College of Agriculture.

Other Activities:

- Developed CommunityZero on-line web site for the CYFAR Executive Committee. 2003-2004.
- Spearheaded CYFAR evaluation of CommunityZero. 2002.
- CYFAR evaluation team for QuickPlace. 2002.

- Coordinated *Raising All Voices: A Dialogue Approach to Teaching* workshop offered by Joye Norris to County Extension Agents participating in Food Stamp Nutrition Education Plan (FSNEP), New Communities/State Strengthening project staff, KSU food stamp program, and the KY Cabinet for Families and Children personnel. 68 attended. 2002.
- Collaboration with Kentucky Task Force on Hunger on their food stamp outreach efforts. 2002.
- Spearheaded “Color Is Key” program and delivery collaboration between Kentucky Cancer Program, FCS agents, and local housing authorities. 2002.
- Initiated connection among NCP sites, UK College of Dentistry, and dental societies. 2002.
- Facilitated CYFERnet/Extension Cares Initiative/Healthy People Healthy Communities Editor’s meeting, August 2002.
- Developed listing of all CYFERnet materials related to USDA/HHS 5-A-Day initiative. 2002.
- 12 Area FSNEP meetings across the state for participating agents to discuss policies and procedures and to receive feedback on needs/wants of food stamp eligibles/recipients. 2001.
- Facilitated three New Communities project training meetings. 2001-2002

INSTRUCTION:

Advising

- On average advise 30 – 60 Human Nutrition and Dietetics students. College advising evaluation score based upon 4.0 was 3.63 (College Average 3.65).

Graduate Faculty (Full since September 2006)

Graduate student thesis/project committees:

- Armes, Ann – MS, thesis
- Baker, Adrienne Glodt MS 2012 (chair) thesis: EVALUATION OF THE BODY COMPOSITION OF FEMALE COLLEGIATE ATHLETES USING THE BOD POD
- Beyatte , Rachel - MS
- Biederman, Nicole – MS
- Coleman, Holly – MS
- Eliassen , Erin - EdD
- England , Laryessa - MS
- Christine Estler Higgins MS advisor, in progress, thesis track
- Hieronymous, Laura Ph.D. in progress
- Holt , Rachel – MS
- Ireland, Amanda – MS, thesis
- Kaplan , Ali - Ph.D

- Lee , Eunkyung – MS, thesis
- Mahajan, Poonam, MS 2012 advisor, thesis: OBESITY RELATED PERCEPTIONS AND PRACTICES AMONG EDUCATORS IN THE EXPANDED FOOD AND NUTRITION EDUCATION PROGRAM
- Murnan, Erin – MS, thesis
- Patel, Sheena – MS, thesis
- Perkins, Sarah – MS thesis in progress
- Perry , Stephen – MS, thesis
- Pruett , Phillip – MS, thesis
- Thornton, Hannah – MS (chair), non thesis
- Westmoreland, Amanda – Ph.D. in progress
- Christine Estler Higgins - MS advisor, in progress, thesis track
- Research mentor for three Dietetic Interns 2012, two 2013.